

The Utah Department of Health Diabetes Program is pleased to introduce the *2003 Resource Manual for Utah Diabetes Healthcare Professionals*. We want to thank those who helped to update the manual and make it more user friendly.

The purpose of this manual is to provide health care professionals with a comprehensive summary of diabetes resources in Utah, including screening services; primary health care resources; health insurance and medical assistance programs; diabetes and nutrition education programs; community services; industry and medical supply services; and professional education resources. We hope this manual is an easy reference tool for you to use in working with your patients with diabetes.

The information included in the manual is accurate as of August, 2002. We have attempted to make the manual as easy to use as possible, presenting information by county when appropriate.

Please provide feedback or address questions to:

Utah Diabetes Control Program
PO Box 142107
Salt Lake City, Utah 84114-2107
Phone: (801) 538-6141
Fax: (801) 538-9495
www.health.utah.gov/diabetes

Table of Contents

	Page numbers
A. Screening Services by County	1
Clinical Screening Services(Blood pressure,	
Blood sugar, Hemoglobin A1C)	2-10
Healthy Aging	11
Local Health Departments	12-15
B. Health Insurance and Medical Assistance Programs	16
Children s Health Insurance Program (CHIP)	17
Utah Comprehensive Health Insurance Pool (HIP)	18-19
Medicaid	20
Medicare/Medicare Part B Coverage for Diabetes Care	21-23
Primary Care Network	24
The Medicine Prescription Program	25
Customer Service Numbers for Major Health Insurance Plans	26
C. Primary Health Care Resources	27
Clinica Medica Familiar de las Americas	28
Community Health Centers	29
Fourth Street Clinic	30
Holy Cross Ministries/Promotora	30
Primary Care Network	31
Salt Lake Donated Dental	32
D. Specialist Referrals	33
American Academy of Ophthalmology	33
Utah Medical Association	33
E. Diabetes/Nutrition Education Resources by County	34
Individual/Group Diabetes Education Programs and Nutrition Services	
DSMTP - Utah Certified and ADA Recognized	35-55
F. Community Services and Education Resources	56
Emergency Aid	57-63
Utah Division of Aging and Adult Services	64-66
Vision Services	67-68
American Cancer Society	69
American Diabetes Association	70
American Heart Association	71
American Lung Association	72
Horizonte Instruction and Training Center	73
Juvenile Diabetes Foundation	74
Utah Tobacco Quit Line	75

TABLE OF CONTENTS CONTINUED

G. Medical Hospitals and Services	76
Utah Hospitals by County	77-79
End Stage Renal Disease Centers	80-81
Industry and Medical Supply Services	82-84
H. Professional Education Resources	85
American Diabetes Association	86
Association of Diabetes Educators of Utah	86
Health Educator Association of Utah	87
Juvenile Diabetes Research Foundation	87
Utah Diabetes Control Program	88
Utah Dietetic Association	89
Utah Nurses Association	89

Screening Services

	Page number
Clinical Screening Services	2-10
Healthy Aging	11
Local Health Departments	12-15

Clinical Screening Services

(Addresses can be found on page 35)

Locations, fees and availability of blood pressure, blood sugar and Hemoglobin A1c screening services.

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
BEAVER COUNTY			
Beaver Valley Hospital Karla Evans, RN (435) 438-7109	No fee. No appt. Go to Nurses Station.	Lab fee. No appt. 8am-4pm. Fasting required.	Lab fee. No appt. 8am-4pm. By physician s order.
Southwest Utah Health Dept. - Beaver Office Reha Gray, RN (435) 438-2482	\$5 fee. By appt.	\$5 fee. By appt.	Not available. <i>Hematocrit:</i> \$5 fee. By appt.
Milford Valley Memorial Hospital Nancy Carter, RN (435) 387-2411	No fee. No appt.	No appt. By physician s order. Third party insurance accepted.	Lab fee. M-F 9am-12 noon, 1-5pm. By physician s order. Third party insurance accepted.
Minorsville Clinic (435) 386-2211	No fee. No appt.	No appt. By physician s order. Third party insurance accepted.	Lab fee. Mon 1-4pm, T,W,Th 10am- 4pm, Fri 9am-12noon. By physician s order. Third party insurance accepted.
BOX ELDER COUNTY			
Bear River Valley Hospital Melanie Hughes, RN (435) 257-4368	No fee. No appt. Prefer M-Sun 1-5pm.	Not available.	Not available.
Brigham City Community Hospital (Columbia) Dianne Curtis, RN (435) 734-4339	No fee. No appt. M-F.	No fee. By appt. M, W, F 8am-1pm.	Lab fee. No appt. M-F 7am-7pm. By physician s order.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
CACHE COUNTY			
Logan Regional Hospital Vickie Tilley, RN, CDE (435) 716-5439	No fee. No appt. Tues 7-8am/Th 4-5pm.	\$1 fee. No appt. T 7-8am/Th 4-5pm.	Lab fee. During lab hours. M-F 8-5pm. By physician s order.
CARBON COUNTY			
Southeastern Utah Health Dept. Joyce Pierce, RN (435) 637-3671	\$1 fee. No appt. M-F 3-5pm.	\$6 fee. No appt. M-F 3-5pm.	Not available. <i>Hematocrit:</i> \$6 fee. No appt. M-F 3-5pm.
Castlevew Hospital (Columbia) Pamela Konakis, RN, CDE, CPT (435) 636-4822	No fee. By appt. Mon & Th 9-10:30am.	No fee. By appt. Mon & Th 9-10:30 am.	Lab fee. No appt. By physician s order.
DAVIS COUNTY			
Davis Hospital and Medical Center Lora Kier, RN (801) 774-7047	No fee. No appt. By physician s order. Offered 3 Saturdays per year at public screenings. For more info. call (801) 774-7047.	No fee. No appt. By physician s order. Offered 3 Saturdays per year at public screenings. For more info. call (801) 774-7047.	Not available.
HAFB Clinic Capt. Annita Hutchison, RN, BSN (801) 777-5926	No fee. No appt. M-F 7:30am-4:30pm. By physician s order.	No fee. No appt. M-F 7:30am-4:30pm. By physician s order.	No fee. No appt. M-F 7:30am-4:30pm. By physician s order.
Lakeview Hospital (Columbia) Mesha Fagg, RD, CDE (801) 299-2470	No fee. No appt. Wed 12:30-2:30pm.	\$1 fee. By appt. 8:30am-5pm.	\$37.50 fee. No appt. 8am-5pm. By physician s order.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
DUCHESNE COUNTY			
Uintah Basin Medical Center Carol Rasmussen, RN, CDE (435) 722-4691	No fee. No appt. Given at the Nurses station upon request.	No fee. No appt. Given at the Nurses station upon request.	\$28 fee. Make appointment at Doctor s office. Physician s order required. Given at the clinic/lab.
GARFIELD COUNTY			
Garfield Memorial Hospital and Clinic Diane Reddan, RN (435) 676-8811	No fee. No appt.	Lab fee. By appt. M-F 8am-5pm. By physician s order.	Lab fee. No appt. M-F 8am- 5pm. By physician s order
Southwest Utah Public Health Dept. Panguitch office Carolyn Hardman, RN (435) 676-8800	\$3 fee. No appt. M,T,W 9am-4pm.	Lab fee. No appt. M,T,W 9am-4pm.	Not available.
GRAND COUNTY			
Allen Memorial Hospital Lab Connie Baty, RN, CDE (435) 259-7191	No fee. No appt.	\$23 fee. No appt. By physician s order.	Lab fee. No appt. By physician s order.
IRON COUNTY			
Southwest Utah Public Health Dept. - Cedar City office Terri Winslow (435) 586-2437	Not available.	\$5 fee. By appt.	Not available.
Valley View Medical Center Sharon Chappell, RD (435) 865-5273	No fee. By appt. Public screenings held one time a year.	No fee. By appt. Public screenings held one time a year.	Lab fee. By appt. By physician s order prior to test.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
JUAB COUNTY			
Central Valley Medical Center Judy Christiansen, RN, BSN (435) 623-3092	No fee. Walk-in s welcome.	No fee. Walk-in s welcome.	Lab fee. By appt. M-F 9am-5pm. By physician s order.
MILLARD COUNTY			
Delta Community Medical Center Kara Finlinson, RN (435) 864-5591	No fee. No appt. Go to nurses station. Also offered throughout the year at public health fairs.	Not available.	Lab fee. By physician s order.
Fillmore Community Medical Center Sharon Blad (435) 743-5591	No fee. No appt. Go to main desk.	No fee. Available through Senior Life Club or during health fairs. Fasting recommended.	Lab fee. By physician s order. Make appt. through physician and will be billed by doctor s office.
SALT LAKE COUNTY			
Alta View Internal Medicine Barb Smith-Holmen, NP (801) 572-0311	No fee. No appt. M-F 9am-5pm.	\$13 fee. \$5.50 Medicare. No appt. M-F 9am-5pm.	Lab fee. No appt. M-F 9am-5pm. By physician s order.
Diabetes Specialty Center Tracy Roxburgh (801) 483-1100	Not available.	\$10 fee. By appt.	Not available.
Fred Meyer Pharmacies (9 pharmacies located statewide) Verlynn Hansen, R.Ph. (801) 977-2038 Pippa Grant (801) 968-9056	Not available.	\$2 fee. No appt. M-F 9am-9pm; Sat 9am-7pm; Sun 11am-5pm.	Call for information.
Granger Medical Clinic Pharmacy Melissa Young, Pharm D., CDE (801) 965-3639	No fee. No appt. M-F 9am-6pm.	\$10 fee. By appt. M-F 9am-6pm.	Not available.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
Jordan Valley Hospital Elaine Eysser, BSN, CDE (801) 562-4245	Free. By appt. Tues/Th.	No fee. By appt. Tues/Th.	Lab fee. By appt. M-F 8am-5pm. By physician s order.
Salt Lake Health Clinic of Utah Clinic 1 (PCN) (801) 468-0354	No fee. By appt. or walk-in. M-F 7:30am-6:30pm.	\$4 fee. By appt. or walk-in. M-F 7:30am-6:30pm. By physician s order.	\$75 fee. By appt. or walk-in. M-F 7:30am-6:30pm. By physician s order.
Clinic 2 (801) 538-9424	No fee. By appt. or walk-in. M, W, Th 1:30-5pm.	\$4 fee. By appt. or walk-in. M, W, Th 1:30-5pm. By physician s order.	\$75 fee. By appt. or walk-in. M, W, Th 1:30-5pm. By physician s order.
St. Mark s Diabetes Center (Columbia) Ann Marie Brooks, MSN, CDE Karmeen Kulkarni, MS, RD, CDE, BC-ADM (801) 268-7358	Not available.	No fee. By appt. M-F.	Not available.
University Wellness Center at University Pharmacy Beth Coleman (801) 582-7624 x.7	No fee. No appt. T-F 9am-4pm.	Not available.	\$20 fee. By appt. M-F 9am-4pm.
Utah Diabetes Center (UofU) Geri Wood, RN, BSN, CDE (801) 585-5413	No fee. No appt. 8am-4pm. Go to main desk.	No fee. No appt. 8am-4pm. Fasting is not required.	Lab fee. By appt. By physician s order.
U of U Nutrition Clinic Staci Nix, RN (801) 581-5417	No fee. By appt. M-F 9am-5pm.	\$25 fee with total lipid profile. By appt. M-F 9am-5pm.	Not available.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
Veteran s Affairs Medical Center <i>Available for patients only</i> Mary Youtsey, RN (801) 582-1565	M-F 8am-4pm.	M-F 8am-4pm. By physician s order.	M-F 8am-4pm. By physician s order.
SAN JUAN COUNTY			
San Juan Hospital Laurie Schafer, RN (435) 587-2116	No fee. 24/7.	Not available	\$12 fee. By physician s order. Fasting required.
San Juan Clinic (435) 587-2116	No fee. By appt. M-Th 9am-12noon, 2-5pm; Fri 9am-12noon.	\$13.65. By appt. M-Th 9am-12noon, 2-5pm; Fri 9am-12noon.	Refer to Hospital.
Blanding Clinic (435) 678-2254	\$10 fee. Call for schedule- M-Th 9am-12noon, 2-5pm; Fri 9am- 12noon, 1-3pm.	\$13.65 or \$34.07 - Call for fee. By appt. M-Th 9am-12noon, 2-5pm; Fri 9am-12noon, 1-3pm.	Refer to Hospital.
Montezuma Creek Health Center Darlene Jim (435) 651-3291	No fee. By appt or walk-in. M-F 8am-4:30pm. Third party insurance accepted.	Fee for minimal visit with RN. By appt. or walk-in. M-F 8am- 4:30pm. Third party Insurance accepted.	Lab fee. By appt. or walk-in. By physician s order.
Monument Valley Health Center Ernestine Harrison, BSN (435) 727-3242	No fee. By appt or walk-in. M-Th 8am-5pm, Fri 8am-12noon.	No fee. By appt. or walk-in. M-Th 8am-5pm, Fri 8am-12noon	Lab fee. By physician s order. Third party insurance accepted.
SANPETE COUNTY			
Central Utah Public Health Dept. - Manti Office Debra Butikofer, RN (435) 835-2231	No fee. No appt. Walk-ins accepted if RN is available.	\$10 fee. By appt.	Not available.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
Gunnison Hospital Melody Goff, RN (435) 528-3955	No fee. No Appt. Available at Senior Center one time per month. Call for information.	No fee. No appt. Available at Senior Center one time per month. Call for information.	\$35 group rate; \$58 individual. No appt. By physician s order. Available January and June at support group. Call for information.
SEVIER Central Utah Public Health Dept.- Richfield office Leslie Abraham, RN (435) 896-5451	No fee. No appt. 8am-5pm.	\$10 fee. By appt. M-F 8am-5pm.	Not available.
Sevier Valley Hospital Health Center Maxine Hiss, RN (435) 893-0371	No fee. No appt. Call for days/times.	No fee. No appt needed. Call for days/times.	Not available.
TOOELE COUNTY Mountain West Medical Center Virginia DeHerrera (435) 843-3745	No fee. No appt. M-F 8am-4:30pm. Call for wait time.	No fee. No appt. M-F 8am-4:30pm. Call for wait time.	\$30 fee. By appt. By physician s order. Insurance will be billed.
UINTAH COUNTY Ashley Valley Medical Center Vickie Berg, RN, CDE (435) 789-3342 x.174	No fee. By appt. T-Th.	No fee. By appt. T-Th. No fasting required.	Lab fee. By appt. M-F. By physician s order.
Tri County Health Department Lynne Gagon, RN, BSN, BS (435) 781-5476	No fee. By appt. M-F 8am-5pm.	No fee. No appt. M-F 8am-5pm.	Sliding fee scale or no fee. By appt. M-F 8am-5pm.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
UTAH COUNTY			
American Fork Hospital Jill Larsen, RN, CDE (801) 763-3471	No fee. 24/7 in the emergency room.	Not available.	\$15 fee. By appt. By physician s order if billing a third party insurance.
Mountain View Hospital Columbia Diabetes Treatment Center Callene Bobo, RN, BSN, CDE, CPT (801) 465-7045	No fee. No appt. M-F 9am-5pm.	No fee. By appt. M-F 9am-5pm.	Lab fee. By appt. By physician s order.
Provo Health Clinic of Utah (PCN) (801) 374-7011	No fee. By appt. or walk-in. M-F 8am-5pm.	\$4 fee. By appt. M-F 8am-5pm.	\$82 fee. Dr s order. Third party insurance accepted.
Timpanogos Regional Hospital Ruthann Jarvis, RN (801) 714-6022	No fee. By appt. M-F 9am-5pm.	Finger stick not lab draw. No fee. By appt. By physician s order.	Lab fee. By appt. M-F 9am-7pm. By physician s order.
Utah County Health Dept. Pauline Hartvigson, RN (801) 370-8725	No fee. No appt. M-F.	\$5 fee. By appt. M-F.	\$5 fee. By appt. M-F.
Utah Valley Regional Medical Center Diabetes Management Clinic Dawn Higley, RN, MS, CDE (801) 357-7546	No fee. M-F 9am-12noon, 1:30-4pm.	\$2 fee. M-F 9am-12noon, 1:30-4pm.	M-F 9am-12noon, 1:30-4pm. By physician s order.
WASATCH COUNTY			
Heber Valley Medical Center Sharon Korhel, RN (435) 657-4383	No fee. By appt.	No fee. By appt.	Lab fee. By appt. By physician s order.
Wasatch County Health Dept. Suzan Holdaway, RN (435) 654-2700 x 507	No fee. By appt. or 1 st Thurs of the month 8:30am-11:30pm.	\$5 fee. By appt. M-F 8:30-11:30am, 1-4:30pm. Fasting recommended.	Not available.

Clinical Screening Services

(Addresses can be found on page 35)

Health Facility By County and Contact Name	Blood Pressure	Blood Sugar	Hemoglobin A1c
WASHINGTON COUNTY			
Dixie Regional Medical Center Holly Glore, RN, CDE (435) 688-5085	No fee. No appt. 10-11am 1 st and 2 nd Tues at the Senior Center.	No fee. No appt. 10-11am 1 st and 2 nd Tues at the Senior Center.	Lab fee. By appt. M-F 8am-5pm.
Enterprise Valley Medical Clinic Debbie Carter, MA (435) 878-2281	No fee. No appt. M-F 8:30am-5pm.	\$13 fee. By appt. M-F 8:30am-5pm.	\$40 or sliding fee. By appt. M-F 8am-5pm. By Physician s order.
Rocky Mountain Home Care Betsy Newton, RN (435) 673-6699	No fee. No appt. M-F 9am-4pm.	No fee. No appt. M-F 9am-4pm.	Not available.
Southwest Utah Health Dept. - St. George Office Ruthann Adams, RN (435) 6733528 x.54	\$5 fee. By appt. M-F 8am-5pm.	\$5 fee. By appt. M-F 8am-5pm.	Not available. <i>Hematocrit:</i> \$5 fee. By appt. M-F 8am-5pm.
WAYNE COUNTY			
Wayne County Community Health Center Gina Flanagan, Administrator Claudia Austin, RN (435) 425-3744	No fee. No appt. M-F 9am-5pm, Sat 9am-1pm. By physician s order.	Fee is based on sliding scale. By appt. M-F 9am-5pm, Sat 9am-1pm. By physician s order. Fasting recommended.	Fee is based on a sliding scale. By appt. M-F 9am-5pm, Sat 9am-1pm. By physician s order.
WEBER COUNTY			
Ogden Health Clinic of Utah (PCN) Rett Hansen, Clinic Coordinator (801) 626-3670	No fee. No appt. M-F 8am-4pm.	Lab fee. By appt. Included in visit. M-F 8am-4pm. By physician s order.	Lab fee. By appt. M-F 8am-4pm. By physician s order.

Clinical Screening Services

(Addresses can be found on page 35)

Healthy Aging

1992 South 200 East
Salt Lake City, UT 84115

Phone: (801) 468-2772

Hours: Monday - Friday, 8am-5pm. (Clinic hours vary).

Purpose: Provides prevention, education and screening services aimed at senior citizens (60+) in Salt Lake County to reduce the risk of illness, substance abuse or misuse.

Fees: Contributions for services are accepted, but not required.

Services:

- 1) Health Insurance Information
- 2) Health Screenings and Specialty Clinics
 - " Blood pressure
 - " Blood sugar
 - " Flu and pneumonia vaccinations (*additional charge*)
 - " Vision and Hearing
 - " Podiatry
 - " Skin
 - " Bone Density Testing
- 3) Seminars, workshops and presentations
- 4) Education - includes help for non-English speaking elders
 - Topics geared to enhance physical and mental health:
 - " Counseling related to activities of daily living
 - " Leisure time counseling
 - " Medication evaluation and consultation
 - " Psycho-social assessment and counseling
- 5) Other:
 - " Dental referral
 - " Nutrition assessment
 - " Food services

Local Health Departments

Available Services

(May vary depending on location)

AIDS Testing and Counseling

Birth and Death Certificates

Cancer Prevention & Education

Child Health Evaluation and Care

Child Restraint Rentals

Cholesterol Screening and Education

Communicable Disease Control

Dental Health

Diabetes

Epidemiology and Surveillance

Family Planning and Services

Handicapped Children s Services

Health Department Location and Information

Website: <http://health.utah.gov/lhd>

Bear River District Health Dept.

655 East 1300 North, Logan, Utah 84341

Phone: (435) 752-3730 Fax: (435) 750-0396

Box Elder County	125 South 100 West, Tremonton 84337	(435) 257-3318
	817 West 950 South, Brigham City 84302	(435) 734-0845
Cache County	655 East 1300 North, Logan 84341	(435) 752-3730
Rich County	275 North Main, Randolph 84064	(435) 793-2445
Park Valley	PO Box 57, Park Valley 84329	(435) 871-4411

Central Utah Public Health Dept.

70 Westview Drive, Richfield, Utah 84701

Phone: (435) 896-5451 or (435) 896-5452 Fax: (435) 896-4353

Juab County	146 North Main, Nephi 84648	(435) 623-0696
West Millard	428 East Topaz Blvd, Suite D, Delta 84624	(435) 864-3612
East Millard	55 South 400 West, Fillmore 84631	(435) 743-5723
Paiute County	Courthouse, PO Box 40, Junction 84740	(435) 577-2521
North Sanpete	20 S. 100 W., Ste 30 Mt. Pleasant 84647	(435) 462-2449
South Sanpete	40 West 200 North, Manti 84642	(435) 835-2231
Sevier County	70 Westview Drive, Richfield 84701	(435) 896-5451
Wayne County	Courthouse, 18 South Main, Loa 84747	(435) 836-2671

Davis County Health Dept.

Courthouse Annex, 50 East State Street, (PO Box 618) Farmington, Utah 84025-0618

Phone: (801) 451-3340 Fax: (801) 451-3144

Bountiful	1650 South Main, Bountiful 84010	(801) 451-3315
Clearfield	290 South State Street, Clearfield 84015	(801) 451-3315
Farmington	50 East State Street, Farmington 84025	(801) 451-3340
Layton	360 South Fort Lane, Ste 110, Layton 84041	(801) 451-3315

Salt Lake Valley Health Dept.

2001 South State Street, S-2500, Salt Lake City, Utah 84190-2150

Phone (801) 468-2750 Fax: (801) 468-2748

Ellis R. Shipp	4535 South 5600 West, West Valley City 84120	(801) 963-7335
Magna	8207 West 3500 South, Magna 84044	(801) 250-9682

Health Departments Continued

Salt Lake Continued

Rose Park	55 North Redwood Road, SLC 84116	(801) 322-0502
South Main	3195 South Main St, South Salt Lake 84115	(801) 483-5451
West Jordan	1740 West 7800 South, West Jordan 84084	(801) 569-4360
South East	9340 South 700 East, Sandy 84093	(801) 255-7114
Salt Lake City	610 South 200 East, SLC 84111	(801) 534-4666
Salt Lake City	2001 South State Street, SLC 84190	(801) 468-2750

Southeastern Utah District Health Dept.

28 South 100 East, (PO Box 800) Price, Utah 84501

Phone: (435) 637-3671 Fax: (435) 637-1933

Carbon County	28 South 100 East, Price 84501	(435) 637-3671
Emery County	25 West Main, Castledale 84513	(435) 381-2252
Grand County	471 South Main, Suite 4, Moab 84532	(435) 259-5602
San Juan County	588 South 200 East, Blanding 84511	(435) 678-2723
	Courthouse, PO Box 127, Monticello 84535	(435) 587-2021

Southwest Utah Public Health Dept.

285 West Tabernacle, St. George, Utah 84770

Phone (435) 673-3528 Fax: (435) 628-6713

Garfield County	609 North Main, Panguitch 84759	(435) 676-8800
	155 West 100 North, Escalante 84726	(435) 826-4397
Iron County	88 E. Fiddlers Canyon Ste H, Cedar City 84720	(435) 586-2437
Kane County	245 South 200 East, Kanab 84741	(435) 644-2537
Washington County	285 West Tabernacle, St. George 84770	(435) 673-3528
	320 East Newell Avenue, Hilldale 84784	(435) 874-2469
	708 North 195 West, LaVerkin 84745	(435) 635-4458
Beaver County	325 East Center Street, Beaver 84713	(435) 438-2482
	302 South Main Street, Milford 84751	(435) 387-2671

Summit City/County Health Dept.

85 North 50 East, (PO Box 128) Coalville, Utah 84017

Phone: (435) 336-3222 Fax: (435) 336-3286

Coalville	85 North 50 East, Coalville 84017	(435) 336-3222
Park City	1753 Sidewinder, Park City 84068	(435) 649-9072
Kamas	110 North Main, Kamas 84036	(435) 783-4321

Health Departments Continued

Tooele County Health Dept.

151 North Main Street, Tooele, Utah 84074
Phone: (435) 843-2300 Fax: (435) 843-2304

Tooele	151 North Main, Tooele 84074	(435) 843-2300
Wendover	100 South 9 th Street, Wendover 84083	(435) 665-7004

Tri-County Health Dept.

147 East Main Street, Vernal, Utah 84078
Phone: (435) 781-5475 Fax: (435) 781-5372

Daggett County	Box 156, Manila 84046	(435) 784-3494
Duchesne County	34 South 200 East, Roosevelt 84066	(435) 722-5085
	734 N. Center, Duchesne 84021	(435) 738-2202
Uintah County	147 East Main, Vernal 84078	(435) 781-5475

Utah County Health Dept.

589 South State Street, Provo, Utah 84606
Phone: (801) 370-8700 Fax: (801) 370-8709

Provo	589 South State Street, Provo 84606	(801) 370-8700
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Wasatch City/County Health Dept.

55 South 500 East, (PO Box 246) Heber City, Utah 84032
Phone: (435) 654-2700 Fax: (435) 654-2705

Heber City	55 South 500 East, Heber City 84032	(435) 654-2700
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Weber/Morgan District Health Dept.

2570 Grant Avenue, Ogden, Utah 84401
Phone: (801) 399-8433 Fax: (801) 399-8306

Morgan County	Courthouse, 48 W Young St, Morgan 84050	(801) 829-6811
Weber County	2570 Grant Avenue, Ogden 84401	(801) 399-8433

Health Insurance and Medical Assistance Programs

	Page number
Children s Health Insurance Program	17
Utah Comprehensive Health Insurance Pool	18-19
Medicaid	20
Medicare/Medicare Part B Coverage	21-23
Primary Care Network	24
The Medicine Prescription Program	25
Customer Service Numbers for Major Health Insurance Plans	26

** For detailed information on Utah laws and rules on insurance coverage, please go to the UDCP website at www.health.utah.gov/diabetes.*

Children's Health Insurance Program (CHIP)

The 1998 Utah Legislature created CHIP (Children's Health Insurance Program) to bring expanded health insurance coverage to 30,000 uninsured children under the age of nineteen. New applications for CHIP are accepted during open enrollment periods, currently scheduled for two weeks during each quarter. The next open enrollment is scheduled for November 2002.

Eligibility:

The program is available to families whose employers do not contribute at least 50% of the cost of monthly insurance premiums and whose children are not covered by Medicaid or the Blue Cross Caring For Children Program.) There is no pre-existing condition waiting period. CHIP benefits are briefly outlined in the table below.

Costs:

- " Plan A is for families with incomes up to 150% of the federally established poverty level who are not eligible for Medicaid. Quarterly premium cost is \$13/family. See table for co-pays.
- " Plan B is for families with incomes between 151% and 200% of the federally established poverty level. Quarterly premium cost is \$25 per family. See the table below for the co-pays.

Co-pay Schedule for CHIP Benefits

Benefit	Plan A	Plan B
Office or Urgent Care Visits	Co-pay = \$5; Well child exam = \$0	Co-pay = \$15; Well child exam = \$0
Emergency room visits	Co-pay = \$5	Co-pay = \$35
Pharmacy	\$2 for medications on the approved list, \$5 for those not on the list	\$5 for medications on the approved list, 50% for those not on the list
Laboratory	\$2 if under \$50; \$3 if over \$50	\$5 if under \$50; 10% if over \$50
X-rays	\$2 if under \$100; \$5 if over \$100	\$5 if under \$100; 10% if over \$100
Inpatient/Outpatient Hospital	\$5 co-pay	10% co-pay
Surgeon	No co-pay	No co-pay
Medical Equipment/Supplies	Plan pays 100%	Plan pays 80%
Dental services: preventive and emergency services only.	Cleaning, exams, x-rays = no co-pay Co-pay for emergency services = \$3	Cleaning, exams, x-rays = no co-pay Co-pay for emergency services = 20%
Out of pocket maximum	5% of family's annual gross income	5% of family's annual gross income

- " A family of four can earn up to \$36,200, and a family of six can earn up to \$48,520. A family of 8 could earn up to \$60,840. All participating children must be under the age of 19.
- " The plan is available to residents of Utah who meet the income guidelines and have no access to insurance which is paid 50% or more by the employer. Children are re-certified annually.

For information, contact:

- | | | |
|---|--------------|--------------------------|
| " Molina Healthy Kids | 801-858-0400 | Toll free 1-888-483-0760 |
| " Public Employees Health Program | 801-366-7555 | Toll free 1-800-765-7347 |
| " Utah Department of Health - Resource Line | | Toll free 1-888-222-2542 |

The Utah Comprehensive Health Insurance Pool (HIP)

Created by the Legislature in 1990, HIP is funded through premiums paid by or on behalf of enrolled individuals, plus funds appropriated by the legislature. Regence BlueCross and BlueShield of Utah is the administrator of the plan. Enrollment in the plan is limited to a set number of individuals. A six month pre-existing condition waiting period applies for those who have experienced a break in their insurance coverage of more than 62 days or for those allowing their insurance to lapse voluntarily.

The 1997 legislature appropriated additional funds for the program. This has allowed for an increase in the number of individuals the pool can accept. Since the funding was increased, there has usually been no waiting list for enrollment, but one has existed in the past. Coverage is not guaranteed; each applicant must meet the eligibility requirements.

Eligibility/Rules:

- " Any person who has resided in Utah for at least one year, or who is a dependent child 25 years of age or less of a resident, is eligible if the person pays the established premium.
- " It is not necessary for an applicant to apply for and be refused a commercial policy, either as an individual or as a member of a group, in order to be considered for the High Risk Pool.
- " One must meet the required health conditions and underwriting criteria. *When an individual makes application to the HIP program, a determination of insurability is made using a national underwriting standard. If the individual is found to be insurable under that standard, he or she will not be accepted for coverage by HIP, unless the person is unable to obtain comparable insurance at the same cost. Instead, the individual will be issued a Certificate of Insurability which can then be used to gain insurance coverage from the applicant's employer or other insurance plan sponsors, including individual plans.*
- " If an individual is denied coverage, an appeal can be submitted to HIP within 30 days. A review of the applicant's health insurance risk will be made, and if the applicant is found to be insurable according to the national underwriting standard, that applicant will also receive a *Certificate of Insurability* to submit to the company that issued the denial, and that company must then accept the applicant.

HIP Continued

The following are ineligible:

- Individuals on Medicare or Medicaid, (except in unusual circumstances).
- Prior HIP enrollees (in the past 12 months) unless they can demonstrate that other coverage was involuntarily terminated.
- Enrollees who have exhausted lifetime benefits under HIP.
- Inmates of public institutions.
- Persons eligible for other public medical care programs.
- Persons eligible for group insurance through an employer plan or any other plan providing substantially equivalent coverage.

Costs:

Costs for the policies for individuals under 31 are \$222, \$197 & \$152 depending on the respective annual deductibles of \$500, \$1000 or \$2,500. For a person age 61-64, the same policies would cost \$471, \$417, & \$321.

For applications or information, contact:

Regence BlueCross BlueShield of Utah
PO Box 30270
Salt Lake City, Utah 84130-0270
(801) 333-5573 or toll-free (800) 662-0876

Medicaid

Purpose: To pay medical expenses for eligible people who have low incomes or cannot afford the cost of health care. Medicaid is administered by the Utah Department of Health. Benefits are paid with federal and state tax dollars. In metropolitan areas, eligible beneficiaries will be enrolled in one of 2 private managed care plans, Healthy U or Molina Healthcare. In non-metropolitan communities, beneficiaries are enrolled in a state operated program.

Information: Medicaid information (800) 662-9651

Administrative Offices:
Cannon Health Building
288 N 1460 W
PO Box 143106
Salt Lake City, UT 84114-3106
(801) 538-9984

To Apply: Call your local Medicaid Eligibility Offices at the County/District Health Department or Department of Workforce Services at (801) 538-6155, (800) 662-9651 or <http://hlunix.hl.state.ut.us/medicaid/html/offices.htm>

Who is Eligible for Medicaid?

- * To qualify for Medicaid, persons must meet citizenship requirements.
- * Persons who qualify for the Family Employment Program (FEP) are eligible for Medicaid.
- * Persons in families who are not eligible under FEP may be eligible for medical assistance only, depending on their circumstances.
- * Persons who qualify for Supplemental Security Income (SSI) may be eligible for Medicaid.
- * Other people who are disabled, blind, over age 65 or under age 18 may be eligible if they have limited incomes and resources.
- * Pregnant women who meet program requirements may be eligible for Medicaid.
- * Individuals eligible for Medicare may also be eligible to have Medicaid pay the premiums for Medicare Part B, a supplemental Medicare policy and/or the deductibles and co-pays for Medicare.

IF PERSON DOESN T QUALIFY FOR THE ABOVE, he/she may be eligible for the Primary Care Network. See page 24.

Medicare

Who Qualifies?

Medicare provides insurance to:

- * People who are 65 years old
- * People who are disabled
- * People with permanent kidney failure

What are the Benefits?

Medicare has two parts: Hospital Insurance (Part A) and Medical Insurance (Part B).

- * **Medicare Part A:** provides coverage of inpatient hospital services, skilled nursing facilities, home health services and hospice care. There is an annual deductible plus a 20% co-insurance.
- * **Medicare Part B:** helps pay for the cost of physician services, outpatient hospital services, medical equipment and supplies and other health services. There is a 20% co-insurance requirement.
- * Many companies offer Medicare Supplement policies. These policies vary in cost and benefits. The supplements cover some or all of the co-insurance and some cover prescription drugs.

Where to Apply?

Qualified individuals can enroll in Medicare by completing an application form at their local Social Security Administration office. Claims are handled by Regence Blue Cross Blue Shield of Utah. Medicare expanded its coverage of diabetes testing strips, insulin pump supplies, and diabetes education self-management education in 1998 and 1999.

For Information, contact:

- * **Utah Division of Aging and Adult Services (Assistance and counseling in applying for Medicare and Medicaid benefits)**
(801) 538-3910
(800) 541-7735 (Outside Salt Lake - inside Utah - forwards call to the local Health Insurance Information Program (HIIP))
- * **Regence BlueCross BlueShield of Utah**
Assistance with claims: 1-800-426-3477
Medicare Part A: (801) 333-2430 - Follow prompts
Medicare Part B: (801) 333-2430
(800) 426-3477 (Outside Salt Lake)

Medicare Part B Coverage for Diabetes Care

Routine follow-up visits to health care providers, labs, eye exams, and foot exams.

- " While Medicare does not cover routine services such as physical exams, it does cover, regular follow-up visits for diabetes. *Each visit must have an ICD-9 code for diabetes; visits not necessary for monitoring the patient's diabetes may not be covered.*
- " Lab services such as HbA1c, cholesterol, and microalbuminuria tests are covered when medically necessary. Follow professional guideline intervals on frequency.
- " Podiatric foot exams and services are covered. Routine exams by physicians treating the patient's diabetes are bundled into the office visit codes. Routine services, e.g. nail debridement, are limited to once per month, but other coded services are covered as medically necessary.
- " Routine eye exams and screenings by the physician treating the patient's diabetes or by an eye care specialist are not covered, but services provided by a specialist for an ICD-9 coded eye disease are generally covered.
- " Vaccinations for influenza and pneumococcus are covered.

Medications and medication delivery devices for all eligible beneficiaries with diabetes:

- " Oral medications and insulin: Not covered except under some supplement plans.
- " Syringes and pumps: Supplies are covered

Testing strips and lancets:

- " **Quantities:** For non-insulin users a prescription for 100 strips per 3 months may be written. For insulin treated beneficiaries prescriptions for 300 per 3 months may be written. Prescriptions may allow one refill. (See exceptions below)
- " **Information to include on the prescription form:** Document the following on the prescription form: a) the number of strips to be dispensed, b) whether or not the patient is using insulin, a statement that the physician has seen the patient in the last 6 months, and d) the frequency for testing as prescribed by the physician. A prescription that states as needed will not be honored. Prescriptions will be valid for 6 months only. A new prescription must contain the same information as the original. Only the physician, patient or patient's care giver may authorize a refill of the prescription.
- " **Exceptions:** If the patient requires more than 100 strips in a 3 month period, (300 for insulin treated) the prescription **must** specify the testing frequency recommended by the physician (It is strongly suggested that a clinical reason for more frequent testing be stated on the form). *Patient also will be required to submit a one-month log every 6 months to document actual testing frequency if more than the minimum is prescribed.*
- " **Lancets:** Prescriptions for lancets should be handled in a manner similar to that used for test strips.

Medicare Part B Coverage

Blood Glucose Monitors: Medicare will cover the purchase of blood glucose monitors for patients regardless of insulin usage when ordered in writing. Monitors must be of a type designed for home use. Monitors designed for clinical usage are not covered.

- " Blood glucose meters with features such as voice synthesizers and specially designed supplies and materials to enable a visually-impaired patient to use the monitor without assistance will also be covered if the following conditions are met: a) the beneficiary and the monitor meet the general criteria for coverage of a standard home blood glucose monitor, and b) the physician treating the patient's diabetes documents in the medical record that the patient has a visual impairment severe enough to require the use of the special monitor.

Reimbursement for equipment and supplies:

In most cases, the patient will be required to pay for the strips, lancets and monitor and then submit the receipts for reimbursement. Very few pharmacies will bill Medicare but some mail order drug companies will.

Diabetes self-management training (SMT)

- " Requires a physician's referral, using a prescription form or physician's order. Physicians managing the beneficiary's diabetes must certify that SMT services are needed under a comprehensive plan of care related to the beneficiary's condition. The Utah fiscal intermediary interprets that to mean a patient who is: a) newly diagnosed, or b) has long term diabetes and is currently experiencing management problems. Only SMT provided by a program that was a certificate of recognition by the American Diabetes Association or other national accreditation body will be reimbursed.
- " Medicare states that it should not be necessary to exceed ten hours for initial diabetes self-management training.
- " Such training should normally be provided in group settings, but exceptions can be made if medically necessary, for example, language or physical challenges such as impaired vision or hearing.
- " Education **primarily** for weight loss or skills of daily living is **not** generally covered.

Primary Care Network

Purpose:

The Utah Department of Health's Primary Care Network (PCN) is designed to provide health coverage for working individuals who are unable to afford a private health plan.

Benefits:

Within the network of providers, PCN provides a variety of preventative and medical services including:

- Physician services, \$5 co-pay per visit
- Hospital emergency room services, \$30 co-pay
- Emergency transportation by ambulance for medical emergencies
- Laboratory services, 5% co-pay of the allowed amount if over \$50
- X-ray services, 5% co-pay of the allowed amount if over \$100
- Four prescriptions per month, \$5 co-pay for prescriptions on preferred list; 25% of the allowed amount for drugs not on preferred list
- Dental services, including examinations, X-rays, cleaning, and fillings, 10% co-pay of allowed amount
- One eye exam per year; no glasses, \$5 co-pay per visit
- General preventative services and health education
- You will not be required to pay more than \$1,000 in co-payments per person, per year

Qualifications:

Individuals who may possibly qualify:

- Are age 19 through 63
- Are a U.S. citizen or legal resident
- Fit within the PCN income guidelines
- Do not qualify for Medicaid, or have access to insurance, Medicare or Veterans benefits

Cost:

In addition to minimal co-pays, there is an annual fee of \$50.

Application:

Contact your local Department of Health Bureau of Eligibility office at (801) 538-6155 or (800) 662-9651 to see if you qualify or apply online at www.health.utah.gov/pcn. For more information or to locate the workforce services and eligibility office nearest you, call the Health Resource Line at 1-888-222-2542.

If eligible, and once the enrollment fee is paid, coverage will begin from the date your application was received. *See also page 31.*

The Medicine Prescription Program

Purpose:

To assist patients who may qualify to enroll in one or more of the many patient assistance programs now available. These programs provide prescription medicine free-of-charge to individuals in need, regardless of age, if they meet the sponsor's criteria.

Requirements:

The applicant has no insurance coverage for outpatient prescription drugs.

The applicant does not qualify for a government program which provides for prescription medication, e.g. Medicaid.

The applicant's income is at a level which causes a hardship when the patient is required to purchase the medication at retail. (*Varies with each program sponsor*)

Application Process:

Mail the completed program application form and the following listed items:

1. The name, address and phone number of the person taking the medication.
2. The name of his/her medication(s).
3. The name of your doctor who prescribes the medication.
4. The Medicine Program requires a \$5.00 processing fee for each medication requested.

This fee is payable to *The Medicine Program*.

To request a free brochure/application:

PO Box 515, Doniphan, MO 63935-0515
Phone: 1-573-996-7300 M-F 8am-5pm CST
Website: www.themedicineprogram.com

Major Health Insurance Plans

Customer service phone numbers for questions about coverage:

" Altius Health Plans.	(800) 377-4161
" Cigna Health Care Of Utah, Inc	(800) 245-2471
" Deseret Mutual Benefit Administrators (DMBA)	(801) 578-5600
Educator s Mutual Insurance Association (EMIA)	(801) 262-7476
" IHC Health Plans	(800) 442-9023
Managed Care	(800) 223-5985
" Molina Health Care of Utah	(888) 483-0760
" Public Employees Health Plan (PEHP)	(800) 765-7347
" Regence BlueCross BlueShield	(800) 462-2767
United HealthCare of Utah	(800) 824-9313
University Health Plan	(801) 238-6600

Primary Health Care Resources

	Page number
Clinica Medica Familiar de las Americas	28
Community Health Centers	29
Fourth Street Clinic	30
Holy Cross Ministries/Promotora	30
Primary Care Network	31
Salt Lake Donated Dental	32

Clinica Medica Familiar de las Americas

1572 West 7800 South
West Jordan, UT 84088
(801) 566-4004

Hours: M, W, F 11am-4pm. Other hours by appt.

Services: Medical health care.

Fees: Fee for service. \$40 for initial visit; \$30 for follow-up visits. \$15 for blood sugar test.

650 South Redwood Rd.
Salt Lake City, UT 84104
(801) 886-0930

Hours: Walk-in T, Th, F 2-6pm. Other hours by appt.

Services: Medical health care.

Fees: Fee for service. \$40 for initial visit; \$30 for follow-up visits. \$15 for blood sugar test.

Primary Health Care Resource Continued

Community Health Centers

Purpose: Provides quality comprehensive primary health care to general population (particularly low income, uninsured, and under insured). Staff is available to speak languages other than English. Medicaid workers are also available to help patients.

Services: *(Depending on location)*

- * Baby Your Baby
- * Bike helmet/safety instruction
- * Car seat safety/instruction
- * Dental
- * Diabetes individual and group counseling
- * Family planning
- * General health care
- * Health education
- * Individual and family counseling
- * Indigent pharmacy program
- * Immunizations
- * Mammogram vouchers
- * Nutrition counseling
- * OB/GYN care
- * Perinatal management
- * Prenatal care/delivery

Eligibility: Must be a Community Health Center patient.

Fees: Sliding fee basis, Medicaid, Medicare, or private insurance.

Salt Lake Locations:

Central City

461 South 400 East
Salt Lake City, UT 84111
Phone: (801) 539-8617

Northwest

1365 West 1000 North
Salt Lake City, UT 84116
Phone: (801) 328-5750

Copperview

8446 S. Harrison Blvd.
Midvale, UT 84047
Phone: (801) 566-5494

Oquirrh View

4745 South 3200 West
Salt Lake City, UT 84118
Phone: (801) 964-6214

Wasatch Homeless Healthcare, Inc.

404 South 400 West
Salt Lake City, UT 84101
Phone: (801) 364-0058

Outside Salt Lake:

Carbon Medical Services Association

305 Center St.
PO Box 937
East Carbon, UT 84520
Phone: (435) 888-4411

Enterprise Valley Medical

223 South 200 East
PO Box 370
Enterprise, UT 84725
Phone: (435) 878-2281

Green River Medical Ctr.

305 West Main
PO Box 417
Green River, UT 84525
Phone: (435) 564-3434

Midtown

670 28th Street
Ogden, UT 84401
Phone: (801) 393-5355

Monument Valley Clinic

4 Rock Door Canyon Drive
Monument Vly, UT 84536
Phone: (435) 727-3241

Mountainlands

215 West 100 North
Provo, UT 84601
Phone: (801) 374-9660

Montezuma Creek

East Hwy.262 PO Box 130
Montezuma, UT 84534
Phone: (435) 651-3291

Utah Farm Worker Health Program

14 North 100 East #200
Brigham City, UT 84302
Phone: (435) 723-8276

Wayne County

128 South 300 West
Bicknell, UT 84715
Phone: (435) 425-3744

Primary Health Care Resource Continued

Fourth Street Clinic

404 South 400 West
Salt Lake City, UT 84101
(801) 364-0058

Hours: M-F, 8:30am-noon and 1-5pm.

Purpose: Provides primary health care, medical referral, and optical services, substance abuse, medical eligibility to homeless people only.

Services: Adult and pediatric primary health care and referral.
Well-child screening and referral, including immunizations, WIC services and AFDC referral, health care outreach, and optical services.

Fees: None.

Holy Cross Ministries

2570 West 1700 South.
Salt Lake City, UT 84104
(801) 908-0293 x. 30
Contact: Sister Miriam JoAnne, RN

Hours: Monday-Friday 8am-5pm.

Purpose: Provide information and access to primary health care.

Services: Health fairs: information and blood glucose screening.
Individual teaching and referrals to primary health care.
Information provided in English and Spanish.

Fees: Donations and contributions accepted.

Holy Cross Ministries Promotora

7828 S. Allen St.
Midvale, UT 84047
(801) 565-8430

Hours: M-F 8:30am-5pm.

Purpose: Provide individualized information and access to primary health care.

Services: Outreach program: Individualized information and screening available at home.
Health fairs. Health workers are bilingual. Transportation to facilities and translation at medical appointments.

Fees: Donations and contributions accepted.

Primary Health Care Resource Continued

Primary Care Network (PCN)

Administration Office

288 North 1460 West, SLC, UT 84114
Phone: (801) 538-9984
Hours: M-F 8am-5pm.

Salt Lake City Health Clinic of Utah (2)

288 North 1460 West, SLC, UT 84114
Phone: (801) 538-9424
Hours: M, W, Th 1:30-5pm

Ogden Health Clinic of Utah

2540 Washington Blvd., Suite #122
Ogden, UT 84401
Phone: (801) 626-3670
Hours: M-F 8am-5pm.
Dental: (801) 394-4495

Dental offices only:

Ellis Shipp Dental Clinic

4535 South 5600 West, West Valley, UT 84120
Phone: (801) 969-8243
Hours: M-Th 7:30am-5:30pm; Fri 7:30-11:30am

Provo Health Clinic of Utah

150 East Center Street, #1100
Provo, UT 84606
Phone: (801) 374-7011
Hours: M-F 8am-5pm.
Dental: (801) 374-7011

Layton Family Dental Plan

360 S. Fort Lane, Ste. 3A, Layton, UT 84041
Phone: (801) 546-2263
Hours: Th/Fri 7:30am-6pm

Salt Lake City Health Clinic of Utah (1)

2121 South Nowell Circle, SLC, UT 84114-2826
Phone: (801) 468-0354
Hours: M-F 7:30am-5pm.
After Hours: M-F 5-6:30pm.
Dental: (801) 468-0342

St. George Family Dental Plan

321 N. Mall Dr., #M101, St. George, UT 84790
Phone: (435) 652-3806
Hours: M-Th 7:30am-5pm; Fri 7:30-11:30am

- Purpose:** Provides information and access to primary health and dental care.
- Services:** Provides comprehensive primary and dental care to low income persons who are not eligible for Medicaid or Medicare.
- Fees:** Services are provided on a sliding scale basis according to income.

Primary Health Care Resource Continued

Salt Lake Donated Dental Services

415 West 400 South
Salt Lake City, UT 84101
(801) 983-0345

Hours: M-F, 8:30am-noon and 1-5pm. Call for appointments- bring medicaid card or dental form.

Purpose: To provide dental services to Medicaid patients, the homeless and/or persons below 100% poverty level.

Services: Full dental care.

Fees: Suggested donation of \$5.

Specialist Referrals

American Academy of Ophthalmology

The Foundation of the American Academy of Ophthalmology

PO Box 429098

San Francisco, CA 94142-9098

(800) 391-EYES (3937)

www.aao.org

National Eye Care Project: A program for the nation's disadvantaged senior citizens 65+. Promotes awareness of glaucoma risk factors and provides access to care for qualified individuals at increased risk. Eligible callers found to be at increased risk for glaucoma are matched with a nearby volunteer ophthalmologist who will provide a glaucoma eye exam and initiate treatment, if necessary. Qualified patients receive treatment at no out-of-pocket expense. Eyeglasses, prescriptions, hospital services and other medical services are not covered under this program.

Glaucoma Sight Program: Volunteer ophthalmologists provide a free glaucoma eye examination for uninsured patients at risk for glaucoma and initiation of care for glaucoma if found. Referral Line is 1-800-391-EYES (3937).

Utah Medical Association

Utah Medical Association

540 East 500 South

Salt Lake City, UT 84102

(801) 355-7477

Refers patients with diabetes to an endocrinologist or gives background information on all physicians who are members of the Utah Medical Association. Will also take complaints for legal issues and concerns.

Diabetes Nutrition, Education, and Self- Management Resources

	Page number
Individual/Group Diabetes Nutrition Programs and Education Services	35-55

**Centro De La Familia De Utah is available to assist with language and cultural aspects of diabetes care for Hispanics in Utah. They collaborate with the patient s care team and provide outreach case management. For more information please call (801) 521-4473.

Diabetes Nutrition/Education/Self-Management Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
BEAVER							
Beaver Valley Hospital PO Box 1670 Beaver, Utah 84713 Contact: Karla Evans, RN Phone: (435) 438-7109	RN, RD.	No	No	No	No	Spanish education.	No
Milford Valley Memorial Hospital 451 N. Main/ PO Box 650 Milford, Utah 84751 Contact: Front desk Phone: (435) 387-2411	RD. No fee. Dr s order.	No	No	No	No	Spanish education.	No
Southwest Utah Public Health Dept. - <i>Beaver Office</i> 325 East Center Beaver, Utah 84713 Contact: Reha Gray, RN Phone: (435) 438-2482	No fee. By appt. M-F 9am-5pm.	No	No	No	No	Spanish translator: Anona Yardley by appt.	No
BOX ELDER							
Bear River Valley Hospital 440 West 600 North Tremonton, Utah 84337 Contact: Melanie Hughes, RN Phone: (435) 257-4368, 257-7441	\$45 fee. By appt. Dr s order. Third party insurance accepted.	No	No fee. Call for information.	No	No	Not available.	ADA

Diabetes Nutrition/Education/Self-Management Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Brigham City Community Hospital 950 South Commerce Way Brigham City, Utah 84302 Contact: Dianne Curtis, RN Phone: (435) 734-4339	\$60 fee. M, W, F 8am-1pm. Dr s order. Third party insurance accepted.	T/Th Bi- monthly. Call for schedule.	No	No	No	Education in all languages by appt. M, W, F 8am-1pm.	State
CACHE IHC, Budge Clinic <i>Outpatient diabetes program</i> 225 East 400 North Logan, UT 84321 Contact: Cynthia White, RD, CDE Phone: (435) 752-0422	Fee. By appt. M-F. Third party insurance accepted.	Call Logan Hospital for fee and appt. Third party insurance accepted.	No fee. Held 3 rd Wed at 7pm.	Time Varies, as scheduled. Call Natalie Haws, RD, CDE for appt. at 716-5609.	Insulin pump training. Call for schedule.	Interpreters available by appt. M-F. Spanish materials are also available.	ADA
IHC, Logan Regional Hospital 1400 North 500 East Logan, Utah 84321 Contact: Vickie Tilley, RN, CDE Phone: (435) 716-5439	RN, RD. \$77.60 per hour. By appt. Third party insurance accepted.	Schedule varies. Call for fee and appt. Third party insurance accepted.	No fee. Held 3 rd Wed at 7pm.	Time Varies, as scheduled. Call Natalie Haws, RD, CDE for appt. at 716-5609.	Total Balance, includes Weight control, nutrition, exercise, stress manage- ment, and lifestyle change.	Spanish interpreter available as needed. Written material is also available.	ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
CARBON Castlevew Hospital Columbia Diabetes Treatment Center 300 North Hospital Drive Price, Utah 84501 Contact: Pamela Konakis, RN, CDE, CPT Phone: (435) 636-4822 Contact: Sunni Olson, RD Phone: (435) 636-4812	By appt. M-Th 9am- 3pm. Dr s order. Third party insurance accepted.	By appt. Th 3-4:30pm. Dr s order. Third party insurance accepted.	No	Call Sunni for appt. Dr s order.	Eating disorders. Offered monthly. Call Sunny for time and place.	No	State
DAVIS HAFB Clinic Outpatient Diabetes Education 75 th Medical group 7321 11 th St. Bldg. 569 HAFB, Utah 84056 Contact: Anita Hutchinson, BSN, RN Phone: (801) 777-5926	RN, RD. M-F 7:30am- 4:30pm. Third party insurance accepted.	1 st and 3 rd Wed 7:45- 10:30am. Third party insurance accepted.	Health and Wellness Center (HAWC). Jodi Merrill, RD 777- 1215. Third party insurance accepted.	HAWC offers classes. Call 777-1215 for appt.	Precision QID glucose monitor education. Dr s order. Third party insurance accepted.	Spanish, Italian and Philippine education. M-F 6:30am-7:00pm. Brochures and monitors are also available.	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Lakeview Hospital Columbia Diabetes Treatment Center 630 East Medical Drive Bountiful, Utah 84010 Contact: Mesha Fagg, RD, CD, CDE, CPT Nancy Gibson-Fagg, RD, CD, CDE Darlene Baza, RN Phone: (801) 299-2470	\$91 fee. M-F 8:30am-5pm. Dr s order. Third party insurance accepted.	\$212 for 1 year (<i>meets 2x a month</i>). 1 st Wed 9am- 2pm, 3 rd W/ Th 7-9pm. Dr s order. Third party insurance accepted.	No Fee. Community lecture. 2 nd Wed of the month, 7pm lobby classroom.	\$60 for 10 wk course. American Heart Assoc. Call Lynn Sneddon 484-3838 for more info.	No	Spanish interpreter. By appt. Spanish materials, handouts, posters, and pamphlets are also available.	State
Tanner Memorial Clinic 2121 North 1700 West Layton, Utah 84041 Contact: Lesly Goff, RN, BSN, CDE Phone: (801) 773-4840 x3217 Appt s: (801) 773-4865	RN. RD. By appt. Dr s order for Medicaid. Third party insurance accepted. Medicare allowable amount.	RN, RD. Th 3-5pm. 3 wks in a row. Dr s order for Medicaid. Third party insurance accepted. Medicare allowable amount	No	\$35 for new patients; \$20 follow- up. Pediatric individual counseling.	Gestational individual counseling. Dr s order for Medicaid.	No	State ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
DUCHESNE Uintah Basin Medical Center 250 West 300 North (75-2) Roosevelt, Utah 84066 Contact: Linda McClellan, RD, CDE Phone: (435) 722-6160 Contact: Carol Rasmussen, RN, CDE Phone: (435) 722-6131 x363	By appt. Third party insurance accepted. Call for information.	No fee. Call for information.	No fee. Call for information.	Life Steps Classes Two times per month Tues at noon.	Monthly lecture series.	No	State ADA
GARFIELD Garfield Memorial Hospital 400 East 200 North (PO Box 389) Panguitch, Utah 84759 Contact: Diane Reddan, RN Phone: (435) 676-8811	RN, RD. By appt. Dr s order. for third party insurance. Medicare allowable amount.	No	No	No	No	Interpreters available by appt.	ADA
Southwest Utah Public Health Dept. - <i>Panguitch office</i> PO Box 374 Panguitch, Utah 84759 Contact: Carolyn Hardman, RN Phone: (435) 676-8800	RN. No fee.	No	No	No	No	No	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
GRAND Allen Memorial Hospital 719 West 400 North Moab, Utah 84532 Contact: Janel Arbon, RD, CDE Phone: (435) 259-7191	RN, RD. By appt. Dr s order. Third party insurance accepted.	No	No fee. Last Tuesday of each month 7pm.	No	No	Spanish and Navajo interpreters available by appt.	State
IRON Valley View Medical Center 595 South 75 East Cedar City, Utah 84720 Contact: Sharon Chappell, RD Rina Lister, RN, CDE Phone: (435) 865-5273	\$70 per hour for initial visit. Free follow-up. By appt. T/Th. Dr s order. Third party insurance accepted.	No fee. By appt. Offered twice a year, Thurs evenings (April and Oct).	No	\$18.75 for 15min. By appt.	\$18.75 for 15min. Third party insurance accepted.	Interpreters available by appt. Video and written material also available.	ADA
JUAB Central Valley Medical Center 48 West 1500 North/ PO Box 412 Nephi, Utah 84648-0412 Contact: Judy Christiansen, RN, BSN Phone: (435) 623-3092	RN, RD. Call for fee. By appt. Dr s order for third party insurance.	Call for fee and time. Dr s order for third party insurance.	No	No	No	Spanish translator and interpreter available by appt.	State ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
MILLARD							
Fillmore Community Medical Center 674 South Highway 99 Fillmore, Utah 84631 Contact: Sharon Blad Phone: (435) 743-5591	RN, RD. By appt.	No	No	Individual instruction with dietitian.	No	Spanish is available by appt. M-F 8am-4pm.	No
SALT LAKE							
Alta View Internal Medicine 10955 South State St., Ste 100 Sandy, Utah 84070 Contact: Barb Smith-Holmen, NP Phone: (801) 572-0311	M-F 9am- 5pm. Dr s order. Third party insurance accepted.	No	No	No	No	No	No
Diabetes Specialty Center 735 East 3300 South Salt lake City, Utah 84106 Contact: Neal A. Catalano, Rph, CDE Tracy Roxburgh Phone: (801) 483-1100	\$65/hour. By appt. Dr s order. Some third party insurance accepted.	\$50/class. Call for schedule. Dr s order. Some third party insurance accepted.	Call for information	No	Full line of diabetes- related supplies in stock. Erectile dysfunction education by appt. Dr s order.	No	State

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Fred Meyer Pharmacies (9 locations statewide) Contact: Verlynn Hansen Phone: (801) 977-2038	No	No	No	No	Novopen demo. Lifescan glucose.	Katie Bell- Vietnamese; Brian Cox- Spanish (801) 562-4993	No
Granger Medical Clinic Pharmacy 3725 West 4100 South West Valley City, Utah 84120 Contact: Melissa, Young R.Ph,CDE Phone: (801) 965-3639	\$65/hr. By appt. Dr s order. Some third party insurance accepted.	\$50/class. Call for schedule. Dr s order. Some Third party insurance accepted	Call for information	No	Full line of diabetes- related supplies in stock .	Spanish interpreter is available by appt. Brochures are also available.	State
IHC Hospitals Alta View, Cottonwood, LDS Contact: Mary Bond, LPN, Diabetes Coordinator Phone: (801) 314-2894	M-F 8am- 4pm. Dr s order for Medicare or Medicaid. Third party insurance accepted.	\$225 for six/two hour classes. Call for appt. Dr s order for Medicare or Medicaid. Third party insurance accepted.	No	No	No	Interpreters can be arranged by appt. M-F 8am-4pm.	ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
<p>IHC Urban Central Region Diabetes Education Contact: Ginny Burns, RN, CDE Phone: (801) 412-8116 Contact: Melanie Steere, RD Phone: (801) 242-8448</p> <p>Bountiful Health Center 390 North Main St. Bountiful, Utah 84010 Contact: Marilyn Kehl, CI Mgr. Phone: (801) 294-1000</p> <p>Bryner Clinic 747 East 300 South Salt Lake City, Utah 84102 Contact: Catherine Coda, CI Mgr. Phone: (801) 519-7100</p> <p>Avenues Internal Medicine 324 10th Ave #285 Salt Lake City, Utah 84103 Contact: Peggy Cummings, CI Mgr. Phone: (801) 408-2888</p> <p>Salt Lake Clinic Main 333 South 900 East Salt Lake City, Utah 84102 Contact: Joan Tumer, CI Mgr.</p>	<p>RN, RD. By appt. Dr s order if insurance requires it. Third party insurance accepted.</p> <p>By appt. Call for schedule.</p>	See Midvale Family Practice and West Jordan Health Center.	No	No	No	Interpreters available by appt.	ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
<p>IHC Urban Central Region Diabetes Education - Continued</p> <p>Memorial Health Center 2000 South 900 East Salt Lake City, Utah 84105 Contact: Jennifer Thomas, CI Mgr. Phone: (801) 486-6941</p> <p>Cottonwood Internal Medicine 5810 South 300 East #205 Murray, Utah 84107 Contact: Debbie Anderson, CI Mgr. Phone: (801) 314-4300</p> <p>Medical Tower Family Practice 5770 South 250 East #110 Murray, Utah 84107 Contact: Eileen Burr, CI Mgr. Phone: (801) 314-4266</p> <p>Medical Tower Specialty Clinic 5770 South 300 East #415 Murray, Utah 84107 Contact: Karen DiFrancesco, CI Mgr. Phone: (801) 314-4890</p>	Same as page 43.	Same as page 43.	No	No	No	Interpreters available by appt.	ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
IHC Urban Central Region Diabetes Education - Continued	Same as page 43.	Same as page 43	No	No	No	Interpreters available by appt.	ADA
Cottonwood Family Practice 5872 South 900 East #100 Salt Lake City, Utah 84121 Contact: Karen Roberson, CI Mgr. Phone: (801) 262-3443							
Holladay Health Center 1955 East 5600 South Salt Lake City, Utah 84121 Contact: Mary Mock, CI Mgr. Phone: (801) 273-5000							
Taylorsville Health 3845 West 4700 South Salt Lake City, Utah 84118 Contact: Jackie Mulcock, Fac Mgr. Phone: (801) 964-4050							
Sandy Health Center 9500 South 1300 East Sandy, Utah 84094 Contact: Anne Garner, CI Mgr. Phone: (801) 501-2100							

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
IHC Urban Central Region Diabetes Education - Continued	Same as page 43.		No	No	No	Interpreters available by appt.	ADA
South Sandy Health Center 995 East 11400 South Sandy, Utah 84094 Contact: Janet Taylor, CI Mgr. Phone: (801) 571-0030							
South Jordan Health Center 11444 South Redwood Rd. South Jordan, Utah 84095 Contact: Shanna Heath, CI Mgr. Phone: (801) 253-5900							
Midvalley Family Practice 1760 West 4805 South Taylorsville, Utah 84118 Contact: Audrey Gann, CI Mgr. Phone: (801) 968-3503		Classes #1-4 (basics, nutrition, sick days, stress, ex, complications, follow-up) held Tuesdays 6- 8pm.					
West Jordan Health Center 2655 West 9000 South West Jordan, Utah 84088 Contact: Eva Przybyla, CI Mgr. Phone: (801) 256-6343		Classes #1 & advanced carb held Wednesdays 6-8pm. By appt. Call for schedule.					

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Indian Walk-In Center 120 West 1300 South Salt Lake City, Utah 84115 Contact: Antonio Williams, Diabetes Coordinator Phone: (801) 486-4877	No fee. M-F as needed.	No fee. M-F as needed. Call for information.	No fee. Call for information	Nutrition & Exercise sessions (part of individual instruction)	No fee. Cooking classes.	Native American education. Visuals, flipcards, and IHS brochures are also available.	No
Jordan Valley Hospital 3580 West 9000 South West Jordan, Utah 84088 Contact: Elaine Eysser, BSN, CDE Phone: (801) 562-4245	RN, RD. \$48 for 30-60 minutes. By appt. Dr s order for third party insurance.	\$40 for 30 minutes; \$79 for 2 ½ hrs. By appt. Dr s order for third party insurance.	No	As needed. Call 562- 4263 for more info. Dr s order for third party insurances.	Gestational \$65, insulin pump education, Cholesterol manage- ment. Dr s order for third party insurance. Call Lisa Loertscher 562-4263 for details.	Spanish interpreter available for education by appt. T/Th. Brochures are also available.	State
Primary Children s Medical Center 615 Arapeen Dr., Ste. 100 Salt Lake City, Utah 84108 Contact: Lucie Jarrett, APRN, RN, MS, CDE Sherrie Hardy, MS, RD, CD, CDE Kandy Hillam, RN, CDE, BS Phone: (801) 587-3999	RN, RD, RPh, MSW, MD and Nurse Educator.	No	No	No	No fee. Insulin Pump Prep class 7-9pm every other month. Call for more information	Spanish Education materials available.	State

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Salt Lake City Health Clinic of Utah (PCN) 2121 South Nowell Circle Salt Lake City, Utah 84114-2826 Phone: (801) 468-0342	No	Diabetes Management every 3 rd month. Call for schedule.	No	No	No	No	No
St. Mark's Hospital Columbia Diabetes Center 1200 East 3900 South Ste. 4T06 Salt Lake City, Utah 84124 Contact: AnnMarie Brooks, MSN, CDE Karmeen Kulkarni, MS, RD, CDE, BC-ADM Phone: (801) 268-7358/268-7357	\$101 fee. By appt. M-F Dr's order. Third party insurance accepted.	\$180 fee-2 appt's/mo. By appt. Dr's order. Third party insurance accepted.	Contact: Mary Lou Young 467-2056.	With dietitian.	Gestational diabetes counseling, carbohydrate counting and exchanges.	Spanish and Hindi Educators available. Includes intensive management.	State ADA
University of Utah Nutrition Clinic 250 South 1860 East #239 HPER- N 239 College of Health Salt Lake City, Utah 84112 Contact: Staci Nix, MS, RD Phone: (801) 581-5417	MS, RD	By request.	No	Individual or group by request.	\$15 fee. Diet analysis .	No	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
University Wellness Center at University Pharmacy 1320 East 200 South Salt Lake City, Utah 84102 Contact: Beth Coleman, Wellness Coordinator Phone: (801) 582-7624 x.7	\$60/hour. By appt. M-F 9am-4pm.	No	No	\$60/hour or free with screening package. By appt. M-F 9am- 4pm.	Lipid/hypert ension. \$60/hour or free with screening package. By appt. M-F 9am-4pm.	No	No
Utah Diabetes Center (UofU) 615 Arapeen Dr. Ste 100 Salt Lake City, Utah 84108 Contact: Geri Wood, RN, BSN, CDE Phone: (801) 581-5413 Appt s: (801) 581-7761	RN, RD, Exercise Physiologist. By appt.	RN, RD, Exercise Physiologist, Pharmacist. By appt. Every other week.	No	During individual instruction.	Gestational and pump classes available. Call for schedule.	Spanish interpreter available by appt.	State ADA
Veteran s Affairs Medical Center Nutrition and Food 500 Foothill Drive Salt Lake City, Utah 84148 Contact: Mary Youtsey, RN Phone: (801) 582-1565	RN. Dr s order. Third party insurance accepted.	No	No	Dr s order.	A video series of Diabetes topics is available in library.	Interpreter available by appt.	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
SAN JUAN							
Montezuma Creek Health Center PO Box 130 Montezuma Creek, Utah 84534 Contact: Darlene Jim Phone: (435) 651-3291	No fee. M-F 8am - 4:30pm.	No	No	No	Free Glucometer and instruction.	Navajo education available during clinic hours by appt.	No
Monument Valley Health Center PO Box 360005 Monument Valley, Utah 84536 Contact: Ernestine Harrison, BSN Phone: (435) 727-3242	No fee. By appt. M-Th 8am- 5pm; Fri 8am- 12noon.	No	No	No	For more info talk to Marie Holiday.	Navajo education available by appt.	No
SANPETE							
Gunnison Hospital 67 East Center Street/ PO Box 759 Gunnison, Utah 84634 Contact: Melody Goff, RN Phone: (435) 528-3955 (800) 324-1801	By appt. By dr s order.	Two times a month. Dr s order. Third party insurance accepted.	No fee. Third Tues 3-5pm.	No	No	Spanish education available by appt. Contact Anna Pearson (435) 525- 3955. Brochures are also available.	State
Sanpete Valley Hospital 1100 South Medical Dr. Mt. Pleasant, Utah 84647 Contact: Tammy Tucker, RN Phone: (435) 462-2441	No fee. By appt. M-F 9am-5pm. Third party insurance accepted.	Call for fee and schedule. Held 4 times a year. Third party insurance accepted.	Call for more information.	No	No	Spanish interpretation available by appt. Spanish materials are also available.	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
SEVIER Sevier Valley Hospital 70 East 1100 North Richfield, Utah 84701 Contact: Maxine Hiss, RN Phone: (435) 893-0371	RN, RD. By appt. Dr s order.	No	No	No	No	No	No
TOOELE Mountain West Medical Center 2055 North Main Tooele, Utah 84074 Contact: Eileen DeLeeuw, MS, RD, CDE, CPT Phone: (435) 843-3747 (435) 843-3745	\$80/hour. By appt. M-F 8am-4:30pm. Dr s order preferred. Third party insurance accepted.	Month long series w/ weekly classes. Dr s order preferred. Third party insurance accepted.	No fee. Monthly.	No	No	Spanish & Samoan education available by appt. Brochures are also available.	State ADA
UINTAH Ashley Valley Medical Center 151 West 200 North Vernal, Utah 84078 Contact: Joyce Buhler, RD,CD,CDE Vicki Berg, RN, CDE Phone: (435) 789-3342 x174	RN, RD. \$62/hr. By appt. M-F. Dr s order. Third party insurance accepted.	No	Call for schedule.	\$65 fee. Tues class. Contact Jean Marie Anderson, RD for group class.	Gestational meter loan program. Case manage- ment. By dr s order.	No	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Tri County Health Department 147 East Main Vernal, Utah 84078 Contact: Lynne Gagon, RN, BSN Phone: (435) 781-5476	No fee. By appt. M-F 8am-5pm.	No fee. By appt. M-F 8am-5pm.	No	No	Chronic disease counseling for individual or group.	No	No
UTAH IHC, American Fork Hospital 170 North 1100 East American Fork, Utah 84003 Contact: Jill Larsen, RN, CDE Phone: (801) 763-3471	RN, RD. By appt. Dr s order. Third party insurance accepted.	By appt. Tues day and night classes. Dr s order. Third party insurance accepted.	Adult support group. Third Fri 11am- 12noon in hospital library.	By appt. 12 wk ADA weight loss program. Dr s order if billed to insurance.	No	Spanish education available by appt. M-F 8am-5pm. Contact Mia Stoker (801) 357-3516	ADA
Mountain View Hospital Columbia Diabetes Treatment Ctr. 1000 East 100 North Payson, Utah 84651 Contact: Callene Bobo, RN, BSN, CDE, CPT Phone: (801) 465-7045	Dr s order. Insurance accepted.	Call for registration. Dr s order. Third party insurance accepted.	No	By appt. Dr s order.	Gestational Diabetes Course. By Dr s order. Third party insurance accepted.	No	State

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
IHC, Utah Valley Regional Medical Ctr. Diabetes Management Clinic 1034 North 500 West Provo, Utah 84604 Contact: Dawn Higley, RN, MS,CDE Phone: (801) 357-7546	Dr s order. Third party insurance accepted.	Available most weeks. Call for information.	Call for information. Pediatrics support group.	No	No	Spanish education available by appt.	ADA
WASATCH Heber Valley Medical Center 1485 South Highway 40 Heber City, Utah 84032 Contact: Sharon Korhel, RN, BSN Phone: (435) 657-4383	\$20 per 30 min. By appt. M-F 9am- 3:30pm. Dr s order. Third party insurance accepted.	Weekly on Tues 9-11 am. Drs order. Third party insurance accepted.	No	\$40 fee/10 wks. By appt. Contact Betty Wade at 657-2371.	\$10-33 for nutritional analysis. By appt. Dr s order. Third party insurance accepted.	Spanish education available by appt.	ADA
Wasatch County Health Department 55 South 500 East Heber City, Utah 84032 Contact: Ranae Williams, RD Phone: (435) 654-2700 x503	RN. No fee. Dr s order preferred.	RN. No fee. Dr s order preferred.	By request.	By request.	No	No	No

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
WASHINGTON							
Enterprise Valley Medical Center 223 South 200 East (Box 370) Enterprise, Utah 84725 Contact: Debbie Carter, MA Phone: (435) 878-2281	Cost depends on length or sliding fee. M-F 9am- 5pm. Dr s order. Third party insurance accepted.	No	No	No	No	No	No
IHC, Dixie Regional Medical Center 544 South 400 East St. George, Utah 84770 Contact: Holly Glore, RN, CDE Phone: (435) 688-5085 IHC, River Road Clinic 577 South River Road St. George, Utah 84770 Contact: Holly Glore, RN, CDE Phone: (435) 688-5085	\$75/hour. By appt. M-F 8am-5pm. Dr s order. Third party insurance accepted.	\$320 for four classes. Taking Charge- Thurs 5:30-7:30pm. Except April and Nov class will be Wed 2-4pm. Dr s order. Third party insurance accepted.	No	By request only. Contact Christie Benton, RD 688-4184.	No	No	ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
Rocky Mountain Home Care 204 North 1000 East St. George, Utah 84770 Contact: Betsy Newton, RN, DON (435) 673-6699	No fee. By appt. M-F 9am-4pm.	No fee. By appt. M-F 9am-4pm.	No	No	No	No	No
WAYNE Wayne County Community Health Center 128 South 300 West/ PO Box 303 Bicknell, Utah 84715 Contact: Anthony Millward, PAC Phone: (435) 425-3744	By appt. M-F 9am-5pm.	No	No	Included with individual instruction.	No	Spanish education available by appt. M-F 9am-5pm, Sat 9am-1pm.	No
WEBER McKay Dee Hospital Endocrine and Diabetes Clinic 4403 Harrison Blvd., Suite 3630 Ogden, Utah 84403 Contact: Julieann Steiner, MS, RD, CDE Phone: (801) 387-7900	M, T, Th. Third party insurance accepted.	Every other month on Wednesday evenings. Third party insurance accepted.	No	Offered through McKay- Dee Hospital Cardiac Rehab Program	No	Spanish education available by appt. Contact Joanie Hadley, NP, CDE at (801) 398-7900.	ADA

Diabetes Nutrition/Education Resources

Information on individual instruction, group classes, support groups and weight control classes.

Health Facility By County and Contact Name	Individual Instruction	Group Classes	Support Group	Weight Control	Other	Culturally Appropriate Training	State Certified and/or ADA Recognized
McKay Dee Hospital Outpatient Diabetes Education 4403 Harrison Blvd., Quick Dx Ogden, Utah 84403 Contact: Dana Gundersen, RD, CDE (801) 387-7520	\$67 per ½ hr. M-Th 9am- 5pm. Dr s order preferred. Some third party insurance accepted.	Every other month. Wed 7-9pm. Some third party insurance accepted.	No	\$85 fee. Slim and Trim T/Th 5:30- 7:30pm.	No	Spanish education available by appt. 9am-4pm. Pamphlets are also available.	ADA
Ogden Health Clinic of Utah (PCN) 2540 Washington Blvd. Suite #122 Ogden, Utah 84401 Contact: Debra Whipple, ANP Virginia Mol, FNP Phone: (801) 626-3670	No	No fee. Wed 10am. Dr s order.	No	No	No	No	No

Community Services and Education Resources

	Page number
Emergency Aid/Food	57-63
Utah Division of Aging and Adult Services	64-66
Vision Services	67-68
American Cancer Society	69
American Diabetes Association	70
American Heart Association	71
American Lung Association	72
Horizonte Instruction and Training Center	73
Juvenile Diabetes Foundation International	74
Utah Tobacco Quit Line	75

Emergency Aid/Food

Catholic Community Services

2570 West 1700 South
Salt Lake City, UT 84104
(801) 977-9119

- Purpose:** Assists with food, clothing, utilities, weekly visits to the homebound, personal care items and referrals. Food vouchers are available for people with special dietary needs who are 55 and older, e.g. people with diabetes.
- Eligibility:** Direct assistance at or below 150% poverty level or 125% only for utilities. Case management is required. By appointment.
- Fees:** None.
- Hours:** Monday-Friday 8:30am-5pm

Centro de la Familia de Utah

3780 South West Temple
Salt Lake City, UT 84115-4461
(801) 521-4473

- Services:** Provides the Head Start Program, Nuevo Dia Program, Family Literacy Program, Americas Award and Reference and Resource Library, Migrant Head Start Program, and Ask a Police Officer Night.
- Eligibility:** Depends on program.
- Hours:** Monday-Friday 9am-5pm.
- Fees:** None. Just a smile.

La Puerta Abierta Program (The Open Door)

3780 South West Temple
Salt Lake City, UT 84115-4461
(801) 521-4473

- Services:** To help families find food, access medical care, connect with education resources, locate legal services, and resolve other critical problems.
- Eligibility:** Depends on program
- Hours:** Monday-Friday 9am-5pm.
- Fees:** None. Just a smile.

Emergency Aid/Food Continued

Community Action Program

Administrative Office
764 South 200 West
Salt Lake City, UT 84101
(801) 359-2444

Services: Can provide emergency 3-day supply of food. Please call for the Neighborhood Center nearest you. (SLC-Tooele)
Eligibility: Six times in a twelve-month period.
Hours: Monday-Friday 8:30am-5pm.

Community Services Council

1025 South 700 West
Salt Lake City, UT 84104
(801) 978-2452

Services and Eligibility: Provide minor home repair assistance such as electrical, carpentry, plumbing, house cleaning, transportation and volunteer ventures program to people 60+ years old, disabled, low-income and who own a home in SL County. Food boxes are also prepared for homebound individuals who are 60+ years old, disabled, low-income and physically unable to prepare own food.
Hours: Monday-Friday 7:30am-4:30pm.

Crossroads Thrift

1385 West Indiana Avenue (850 South)
Salt Lake City, Utah 84104
(801) 359-8837

Services: Emergency supplies, cooking utensils, or clothing, provided at low or no cost.
Eligibility: Must have referral from the Food Pantry, official agency, or church.
Hours: Tuesday-Friday 10am-6:30pm, Saturday 10am-5pm.

Emergency Aid/Food Continued

Crossroads Urban Center

347 South 400 East
Salt Lake City, UT 84111
(801) 364-7765

Services: Provides emergency 3-day supply of food; diapers, formula, vouchers available to thrift store for clothing, prescriptions, gasoline and tokens for bus.
Eligibility: Picture I.D. for adults; Verification for children.
Hours: Monday-Friday 9am-5pm

Eagle Ranch

PO Box 552
Magna, UT 84044
(801) 254-4945

Services: Serves chuck wagon breakfast at 400 South 600 West. Provides furniture, clothing and emergency food.
Eligibility: Anyone in need. Call for appointment.
Hours: Sunday, 7-10am.

Indian Walk-In Center

120 West 1300 South
Salt Lake City, UT 84115
(801) 486-4877

Services: Provides diabetes education to improve understanding and care at every level. Also provides canned foods and food packages for families, health and dental care through Community Health Centers, and substance abuse intensive out-patient program for adult men and women.
Eligibility: Must fill out an application and show picture identification.
Fees: None.
Hours: Monday-Friday 8:30am-noon; 1- 4:30 pm. Closed Thursdays at 3 pm.

Emergency Aid/Food Continued

Meals On Wheels

Nutrition Program

For a local program refer to specific Area Agencies on Aging (*See page 64-66*).

- Services:** Provides home delivery of hot lunches to elderly residents. Meals can be catered to those who need special diets as prescribed by their physicians, e.g. diabetes.
- Eligibility:** Homebound seniors 60+ years old who are home bound, chronically ill or unable to prepare own meals. Applicants are screened.
- Fees:** Suggested confidential contribution - Varies by county.

Nutrition Education Program

Utah State University Education Program

Department of Nutrition and Food Sciences

Logan, UT 84322-8749

State Office Phone: (435) 797-2139

- Services:** Teach low income families how to budget food dollars, plan and prepare meals. Nutrition assistants work one-on-one in the homes of individuals. Nutrition education for youth.

- Fees:** None.

- Locations:** Listed by county.

Beaver:	(435) 438-6451	Piute:	(435) 577-2901
Box Elder: Brigham	(435) 734-3387	Salt Lake (Incl. Utah):	(801) 468-3170
Box Elder: Tremonton	(435) 257-5447	San Juan:	(435) 587-3239
Cache:	(435) 752-6263	Sanpete:	(435) 283-7596
Carbon	(435) 636-3233	Sevier	(435) 893-0470
Duchesne:	(435) 738-1140	Summit:	(435) 336-3218
Emery:	(435) 381-2381	Tooele:	(435) 843-2350
Garfield:	(435) 676-1113	Uintah:	(435) 781-5452
Iron:	(435) 586-8132	Wasatch:	(435) 654-2700
Juab:	(435) 623-3450	Washington:	(435) 652-5812
Kane:	(435) 644-2551	Wayne:	(435) 836-2662
Millard: Delta	(435) 864-1480	Weber (Incl. Davis):	(801) 399-8200
Fillmore Tu/Thu	(435) 743-5412		
Morgan:	(801) 829-3472		

Emergency Aid/Food Continued

Rescue Haven

1165 South State St.
Salt Lake City, UT 84111
(801) 521-5925

- Services:** Three meals served per day, seven days per week and clothing. A recovery program for addictions is also available.
- Eligibility:** Women and children. Those who want to be a resident must follow accepted rules: curfew, Bible study, program attendance.
- Fees:** None.

Rescue Mission

463 South 400 West
Salt Lake City, UT 84101
(801) 355-1302

- Services:** Meals provided for men, women, and children (when accompanied by parents). Breakfast is served Monday through Saturday 6:15-6:45am. Dinner served at 8pm for those attending the chapel service. A clothing exchange and shower facilities are also provided M, W, F 9-11:30am. Beds are available for seven consecutive days in a 30-day period. Males can stay on the floor for up to 30 consecutive days if overflow is open.
- Eligibility:** Males, 18+ years old (must have ID).
- Fees:** None.

Salvation Army

Treatment Center

252 South 500 East
Salt Lake City, UT 84102
(801) 322-1253

- Services:** Provides hot meals served 6-7:30pm seven days a week and clothing M-F 1-3pm. A Drug and Alcohol Program for men and women is also available.
- Eligibility:** Interview with counselor.
- Fees:** Depends on individual circumstances.

Emergency Aid/Food Continued

Salvation Army Adult Rehabilitation Program

2615 Grant Avenue
Ogden, UT 84401
(801) 621-3580

- Services:** Breakfast served 7:30-8am. Clothing, furniture, and food vouchers available. A Drug and Alcohol Rehabilitation Program for men is available on an in-patient only 6 month program.
- Eligibility:** 2 Forms of Photo ID for adults and verification for children. Proof of address - receipt, bill or referral required for vouchers.
- Fees:** None.

Senior Center Programs and Congregate Meals

For a local program refer to specific Area Agencies on Aging (*See page 64-66*).

- Services:** Provide nutritious meals, crafts and activities, health screening, social recreation and educational programs at 17 senior citizen centers in Salt Lake County and other statewide centers. Transportation available on scheduled days.
- Eligibility:** 60+ years old.
- Fees:** Suggested confidential contribution.

St. Paul's Episcopal Church

261 South 900 East
Salt Lake City, UT 84102
(801) 322-5869

- Services:** Food pantry and Grief group counseling - (*Call for schedule*)
- Eligibility:** Anyone with ID for family. Walk-ins accepted.
- Hours:** Monday-Thursday 11am-2pm. (*Food Pantry*)
- Fees:** None.

Utah Department of Workforce Services

Statewide locations can be accessed by calling (801) 526-9675 or visiting www.dws.state.ut.us

- Mission:** To provide quality, accessible, and comprehensive employment related and supportive services responsive to the needs of employers, job seekers, and the community.

Utahns Against Hunger

309 East 100 South
Salt Lake City, UT 84111
(801) 328-2561 or (800) 453-3663

Services: Information, education, and advocacy concerning food problems. Pre-screening for food stamp applicants. Referral to food related sources.
Eligibility: Anyone.
Fees: None.

Valley Mental Health

5965 South 900 East Suite 420
Salt Lake City, UT 84121
(801) 263-7100 - Call for a listing by county.

Services: Counseling, drug and alcohol therapy, children s program, inpatient assistance, mental health services.
Eligibility: Anyone on the Wasatch Front, Salt Lake City, Tooele and Summit counties.
Fees: Sliding fee scale based on income and insurance. Medicaid provider.

**Weigand Homeless Day Center/St. Vincent DePaul
Soup Kitchen**

235 South Rio Grand
Salt Lake City, UT 84101
(801) 363-7710

Services: Provide meals, clothing rooms, and legal services(Thurs, 1pm)
Eligibility: Anyone.
Hours: Meals served M-F 11:30am-1pm, Sat 10-12noon, Sun 9am and sack lunches Sun noon-2pm.
Fees: None.

Services: Job services, haircuts, laundry 8-11am (50¢ per wash/dry), showers T,Th 8-12, storage, mail drop.
Eligibility: Anyone.
Hours: Monday-Friday 8am-noon; 1-4:30pm.
Fees: None.

Utah Division of Aging and Adult Services

Services:

"Access Services	"Long-Term Care Ombudsman
"Adult day care/foster care	"Multipurpose Senior Centers
"Adult protective services	"Nutrition Programs
"Disease prevention and health promotion	"Protective Financial Arrangements
"Elder care campaign	"Title III-B Supportive Services
"Health Insurance Information Program (HIIP)	"Title V Senior Community Service
"In-Home Services	Employment
"Legal Assistance	"Volunteer Programs

Helen Goddard, Director
120 North 200 West Suite #325, Salt Lake City, Utah 84103
(801) 538-3910

Area Agencies on Aging:

District I	Roger Jones and Michelle Benson, Directors
(Box Elder)	Bear River Area Agency on Aging
(Cache)	170 North Main
(Rich)	Logan, UT 84321
	Phone: (435) 752-7242
District IIA	Kelly Van Noy, Associate
(Morgan)	Weber Area Agency on Aging
(Weber)	237 26 th Street, Suite 320
	Ogden, UT 84401
	Phone: (801) 625-3770
District IIB	Shauna O Neil, Director
(Salt Lake)	Salt Lake County Aging Services
	2001 South State, #S1500
	Salt Lake City, UT 84190-2300
	Phone: (801) 468-2480
District IIC	Rich Connelly, Acting Director
(Davis)	Davis County Council on Aging
	50 East State Street (PO Box 618)
	Farmington, UT 84025
	Phone: (801) 451-3370; 451-3377

Aging and Adult Services Continued

District IIT (Tooele)	Butch Dymock, Director Tooele County Division of Aging & Adult Services 59 East Vine Street Tooele, UT 84074 Phone: (435) 882-2870
District III (Summit) (Utah) (Wasatch)	Ted Livingston, Director Mountainland Department of Aging & Adult Services 586 East 800 North Orem, UT 84097 Phone: (801) 229-3800
District IV (Wayne) (Paiute) (Juab) (Sanpete) (Millard) (Sevier)	Ross Bumgardner, Director Six County Area Agency on Aging 250 North Main, Room 5 (PO Box 820) Richfield, UT 84701 Phone: (435) 896-9222
District V (Beaver) (Garfield) (Iron) (Kane) (Washington)	Bob Rasmussen, Director Five-County Area Agency on Aging 906 North 1400 West (PO Box 1550, 84770) St. George, UT 84771 Phone: (435) 673-3548 (St. George) Phone: (435) 586-2975 (Cedar City) Phone: (435) 676-2281 (Panguitch)
District VIA (Daggett) (Duchesne)	Diana Jenson, Director Uintah Basin Area Agency on Aging 855 East 200 North (112-3) Roosevelt, UT 84066 Phone:(435) 722-4518
District VIC (Uintah)	Joan Janes, Director Uintah County Area Agency on Aging 155 South 100 West Vernal, UT 84078 Phone: (435) 789-2169

Aging and Adult Services Continued

District VIIA
(Carbon) Maughan Guymon, Director
(Emery) Southeastern Utah Area Agency on Aging
(Grand) 375 South Carbon Avenue (PO Drawer 1106)
Price, UT 84501
Phone: (435) 637-4268

District VIIB
(San Juan) Rick Bailey, Director
San Juan County Area Agency on Aging
117 South Main (PO Box 9)
Monticello, UT 84535-0009
Phone: (435) 587-3225

Vision Services

Division of Services for the Blind & Visually Impaired

250 North 1950 West Suite B
Salt Lake City, UT 84116
(801) 323-4343 or (800) 284-1823

- Services:** Vocational rehabilitation, employment assistance services, amblyopia screening, home services, deaf-blind services, counseling, adaptive equipment resources, adaptive device sales, mobility classes, low-vision clinics, follow-up and training, and an apartment based skills training program.
- Eligibility:** Must be legally blind.
- Hours:** Monday-Friday, 8am-5pm.
- Fees:** None.

The Foundation of the American Academy of Ophthalmology

National Eye Care Project
(800) 222-3937

- Services:** To provide referrals to a local ophthalmologist for treatment of eye disease. Care includes medical exams, surgery and follow-ups as needed.
- Eligibility:** Seniors (65+) who are US citizens or a legal resident. Must not have seen an ophthalmologist in the last 3 years. Cannot have an HMO or managed health care plan that covers ophthalmologists.
- Hours:** Call center is open 24 hours a day, 7 days a week.
- Fees:** Depends on facility. May include anesthesia, medications and/or facility fees.

Healthy Aging Program *(See also page 11)*

1992 South 200 East Mailing Address: 2001 S. State ST #S-1500
Salt Lake City, Utah 84115 SLC, UT 84190-2300
(801) 468-2772

- Services:** Eye screening for glaucoma and visual acuity. Podiatry Clinic, Blood Sugar Screenings, and Blood Pressure. Various locations. Referrals may be needed.
- Hours:** Monday-Friday 8am-5pm.
- Fees:** Donation basis.

Vision Services Continued

Prevent Blindness Utah

661 South 200 East

Salt Lake City, UT 84111

(801) 524-2020 or 1-800-675-LOOK (5665)

www.prevent-blindness.org

Services: Representative personally answer questions, provide referrals to glaucoma specialists, and send out free informative literature about glaucoma.

Fees: None.

Hours: Monday-Friday, 9am-5pm.

American Cancer Society

American Cancer Society, Utah Affiliate
941 East 3300 South
Salt Lake City, UT 84106
Phone: (801) 483-1500 or 1-800-ACS-2345
www.cancer.org

You Can Quit: Smoking Cessation Program

The American Cancer Society's You Can Quit (YCQ) program is designed to help participants stop smoking by providing essential information and strategies. YCQ includes elements found to be meaningful in helping light smokers stop and stay off cigarettes.

YCQ makes use of group interaction to encourage and support change, but it does not foster dependency on the group. The behaviors, thoughts, and feelings of the participants are addressed and planning ahead is a key concept of YCQ that runs through all the discussions.

The YCQ program does not incorporate the use of nicotine replacement therapy (NRT). The basic four (one-hour) sessions do not provide the long term support needed for nicotine replacement therapy and reduction.

American Diabetes Association Serving Utah

American Diabetes Association Serving Utah
1245 East Brickyard Rd., Suite 30
Salt Lake City, Utah 84106
Phone: (801) 363-3024 or (800) 888-1734 **Fax:** (801) 363-3031
www.diabetes.org

The American Diabetes Association's mission is to prevent and cure diabetes and to improve the lives of all the people affected by diabetes.

The American Diabetes Association (ADA), serving Utah, provides reference materials, professional articles and educational materials (some at cost) from their office to people with diabetes and professional health care providers/organizations. Also available are *The Journal*, *Diabetes Forecast*, and newsletter, by becoming a member of the ADA.

The American Diabetes Association has several committees (for example, an Educators committee, Professional Education committee, Dieticians committee, Government Relations committee) which provide networking opportunities with other diabetes professionals and assist in the ADA's efforts to improve and expand diabetes care and prevention. ***See also page 86.***

American Heart Association

American Heart Association
Western States Affiliate-Utah.
1937 South 300 West #120
Salt Lake City, UT 84115

Phone: (801) 484-3838 or (800) 242-8721 **Fax:** (801) 484-4448
www.heartsource.org (then click on SLC)

Slim For Life

People with diabetes may avoid or delay heart and blood vessel disease by practicing good lifestyle management. **Slim For Life** promotes diet and exercise to help individuals achieve a desirable weight.

The classes cover how to make healthier food choices; how to reduce your fat intake; how to read food labels; why and how you should exercise; how to eat out and still eat healthy; working on weight loss plateaus, and much more. Classes meet for one hour each week.

Slim For Life classes are taught by registered dietitians/health professionals or an American Heart Association approved instructor who will take the time to answer your questions.

The classes run quarterly - January, April, June and September. Registration is \$60.00.

Fund raising and educational events are sponsored by the American Heart Association.

For more information about events; programs, locations and times for classes in your area call 1-800-242-8721 or visit the web site.

American Lung Association

American Lung Association of Utah
1930 South 1100 East
Salt Lake City, UT 84106-2317
Phone: (801) 484-4456 or (800) LUNG-USA (586-4872)
www.lungusa.org

The American Lung Association targets individuals, their friends, relatives and co-workers with smoking prevention, education, and cessation programs, activities materials, and messages. Strategies for working toward smoking cessation include the following programs and materials:

Hypnosis Cessation Clinics

This is a group hypnosis program, conducted in one two-hour session. Individuals go through hypnosis three times during the session. A cassette tape, with the voice of the hypnotherapist, is given to each participant so they may follow up on the self-hypnosis technique and maintenance on the first week following the clinic. Clinics are held once a month at the ALAU office from 6-8 pm, and are always held on a Thursday. Call 484-4456 for registration. Cost: \$60 .

Freedom From Smoking Clinics

This group process program carries the person through eight sessions in eight weeks. It has the highest success rate of smokers who quit. The clinics are conducted by a trained facilitator. It is conducted at the ALAU office on Tuesday evenings in groups of eight to ten people. Call 484-4456 for registration. Cost: \$75.

Freedom From Smoking - Self Help Program

This is a manual designed to help the person prepare themselves psychologically to target a quit day, then takes them through each step on a day-by-day basis until they have stopped smoking. Cost: \$8. No classes and no meetings. A maintenance manual called A Lifetime of Freedom From Smoking is used as a back-up support for a new smoke free lifestyle is available for \$8.

7 Steps To A Smoke-Free Life

This self help manual is patterned after the Freedom Fro Smoking Program, but with a lot more reading. It is straightforward and sympathetic guiding the reader through the seven steps leading to a longer, healthier life. Cost: \$11.50.

Quitting For Life - A guide to quitting smoking, Self Care Handbook

A self help booklet that takes you through 4 phases of quitting, offers you options, helps you cope with withdrawal, offers exercises and relaxation techniques, and sources of help. Cost: \$5.

Horizonte Instruction and Training Center

Horizonte Instruction and Training Center
1234 South Main Street
Salt Lake City, Utah 84101
Phone: (801) 578-8574 **Fax:** (801) 578-8577

Valuing the diversity and individual worth of students, Horizonte Instruction and Training Center, a multi-cultural learning center, will provide the education and skills necessary for students to achieve self-sufficiency and become contributing participants within their communities.

Horizonte is a unique non-traditional public high school in the Salt Lake City School District. It is nationally recognized for its student centered philosophy, and mission valuing the diversity and individual worth of each student. Programs within Horizonte include an Alternative High School, Young Parent Program, Adult High School, English as a Second Language, School to Career, and Student Support Services.

The school's staff teaches at 26 different sites around the city, serving high risk and disadvantaged learners in cooperative partnerships with over 50 different public, private and nonprofit agencies. Students range in age from 12 to 85, come from over 64 countries, and speak more than 82 languages.

Juvenile Diabetes Research Foundation (JDRF)

Utah JDRF Chapter
307 West 200 South, Suite, 3001
Salt Lake City, Utah 84101
Laura Western, Director
Phone: (801) 530-0660 **Fax:** (801) 530-0670
1-800-JDF-CURE (533-2873) or www.jdrf.org
Email: utah@jdrf.org

Purpose:

The Juvenile Diabetes Research Foundation (JDRF) is a not-for-profit, voluntary health agency with chapters and affiliates throughout the world. JDRF's main objective is to support and fund research to find a cure for diabetes and its complications. JDRF gives more money directly to diabetes research than any other private health agency in the world.

The organization awards research grants for laboratory and clinical investigations and sponsors a variety of career development and research training programs for new and established investigators.

JDRF also sponsors international workshops and conferences for biomedical researchers. Individual chapters offer support groups and other activities for families affected by diabetes.

General Chapter Description:

Each JDRF chapter serves as a central resource for information about the local diabetes community and about the progress JDRF and others have made in the search for a cure. Under the direction of volunteer Boards of Directors and the combined efforts of professional staff and many volunteers, the chapters provide education to the public, outreach programs to those living with diabetes, and regional support for government advocacy programs on behalf of diabetes research. JDRF chapters also coordinate and implement the Foundation's fund raising programs that support research throughout the world.

Utah Tobacco Quit Line

Utah Tobacco Quit Line
1-888-567-TRUTH (1-888-567-8788)
Spanish: 1-877-2No-FUME (1-877-266-3863)
TTY: 1-877-777-6534

Interpretive services are also available to those who speak other languages.

Hours: Mon-Th 10am-10pm; Fri 10am-6pm; Sat 10am-2pm

Target population: Teens and adults. Calls are directed to appropriate services based on age.

Eligibility: Callers are eligible for one or more programs determined by the caller's insurance coverage, if any. Selection of the Quit Line services may also be based on a caller's individual preference.

Programs:
Level 1: Information and referral
Level 2: Brief intervention and counseling
Level 3: Single in-depth intake and counseling
Level 4: Intensive cessation

For more information or

Group cessation programs: Call the Utah Department of Health Tobacco Prevention and Control Program for a local cessation program at (801) 538-6120 or toll-free at (877) 220-3466. Or visit www.tobaccofreeutah.org.

Medical Hospitals and Services

	Page number
Utah Hospitals by County	77-79
End Stage Renal Disease Centers	80-81
Industry and medical Supply Services	82-84

Utah Hospitals

DAVIS

BEAVER

Beaver Valley Hospital

1109 North 100 West
Beaver, Utah 84713
Phone: (435) 438-7100

Milford Valley Memorial Hospital

451 North Main
PO Box 640
Milford, Utah 84751
Phone: (435) 387-2411

BOX ELDER

Bear River Valley Hospital

440 West 600 North
Tremonton, Utah 84337
Phone: (435) 257-7441

Brigham City Community Hospital (Columbia)

950 South 500 West (Medical Drive)
Brigham City, Utah 84302
Phone: (435) 734-9471

CACHE

Logan Regional Hospital

1400 North 500 East
Logan, Utah 84321
Phone: (435) 716-1000

CARBON

Castlevue Hospital (Columbia)

300 North Hospital Drive
Price, Utah 84501
Phone: (435) 637-4800

Davis Hospital and Medical Center

1600 West Antelope Drive
Layton, Utah 84041
Phone: (801) 825-9561

Lakeview Hospital (Mountain Star)

630 East Medical Drive
Bountiful, Utah 84010
Phone: (801) 292-6231

South Davis Community Hospital

401 South 400 East
Bountiful, Utah 84010
Phone: (801) 295-2361

DUCHESNE

Uintah Basin Medical Center

250 West 300 North
Roosevelt, Utah 84066
Phone: (435) 722-4691

GARFIELD

Garfield Memorial Hospital

200 North 400 East/PO Box 389
Panquitch, Utah 84759
Phone: (435) 676-8811

GRAND

Allen Memorial Hospital

719 West 400 North
Moab, Utah 84532
Phone: (435) 259-7191

IRON

Valley View Medical Center

595 South 75 East
Cedar City, Utah 84720
Phone: (435) 586-6587

JUAB

Central Valley Medical Center

48 West 1500 North
Nephi, Utah 84648
Phone: (435) 623-3000

KANE

Kane County Hospital

355 North Main
Kanab, Utah 84741
Phone: (435) 644-5811

MILLARD

Fillmore Community Medical Center

674 South Highway 99
Fillmore, Utah 84631
Phone: (435) 743-5591

SALT LAKE

Alta View Hospital

9660 South 1300 East
Sandy, Utah 84094
Phone: (801) 501-2600

Cottonwood Hospital

5770 South 300 East
Murray, Utah 84107
Phone: (801) 314-5300

Jordan Valley Hospital

3580 West 9000 South
West Jordan, Utah 84088
Phone: (801) 561-8888

LDS Hospital

8th Avenue & C Street
Salt Lake City, Utah 84143
Phone: (801) 408-1100

Pioneer Valley Hospital

3460 South Pioneer Parkway
West Valley City, Utah 84120
Phone: (801) 964-3100

Primary Children's Medical Center

100 North Medical Drive
Salt Lake City, Utah 84113
Phone: (801) 588-2000

Salt Lake Regional Medical Center and Hospital

1050 East South Temple
Salt Lake City, Utah 84102
Phone: (801) 350-4111

St. Mark's Hospital (Columbia)

1200 East 3900 South
Salt Lake City, Utah 84124
Phone: (801) 268-7111

University Hospitals and Clinics

50 North Medical Drive
Salt Lake City, Utah 84132
Phone: (801) 581-2121

Veteran s Affairs (SLC Health Care System)

500 Foothill Drive
Salt Lake City, Utah 84148
Phone: (801) 582-1565

SAN JUAN

San Juan County Hospital

PO Box 308
Monticello, Utah 84535
Phone: (435) 587-2116

SANPETE

Gunnison Valley Hospital

64 East 100 North
Gunnison, Utah 84634
Phone: (435) 528-7246

Sanpete Valley Hospital

1100 South Medical Drive
Mt. Pleasant, Utah 84647
Phone: (435) 462-2441

SEVIER

Sevier Valley Hospital

1100 North Main
Richfield, Utah 84701
Phone: (435) 896-8271

TOOELE

Mountain West Medical Center

2055 North Main St.
Tooele, Utah 84074
Phone: (435) 843-3600

UINTAH

Ashley Valley Medical Center (Life Point)

151 West 200 North
Vernal, Utah 84078
Phone: (435) 789-3342

UTAH

American Fork Hospital

170 North 1100 East
American Fork, Utah 84003
Phone: (801) 763-3300

Mountain View Hospital

1000 East 100 North
Payson, Utah 84651
Phone: (801) 465-9201

Orem Community Hospital

331 North 400 West
Orem, Utah 84057
Phone: (801) 224-4080

Timpanogos Regional Hospital (HCA)

750 West 800 North
Orem, Utah 84057
Phone: (801) 714-6000

Utah Valley Regional Medical Center

1034 North 500 West
Provo, Utah 84604
Phone: (801) 373-7850

WASATCH

Heber Valley Medical Center

1485 South Hwy 40
Heber City, Utah 84032
Phone: (435) 654-2500

WASHINGTON

Dixie Regional Medical Center

544 South 400 East
St. George, Utah 84770
Phone: (435) 634-4000

WEBER

Ogden Regional Medical Center

5475 South 500 East
Ogden, Utah 84405
Phone: (801) 479-2111

McKay-Dee Hospital Center

4403 Harrison Blvd.
Ogden, Utah 84403
Phone: (801) 627-2800

End Stage Renal Disease Centers

CACHE

Bridgerland Dialysis Facility

1400 North 500 East
Logan, Utah 84341
Contact: Richard J. Smith
Phone: (435) 716-5314

CARBON

Castleview Dialysis Center

955 West Hospital Drive
Price, Utah 84501
Contact: Steven L. Hemming
Phone: (435) 637-8696

DAVIS

BHS Dialysis

PO Box 1089
Bountiful, Utah 84011
Contact: Shannon Hurley
Phone: (801) 293-8107

Lakeside Dialysis Center

532 South 500 West
Bountiful, Utah 84010
Contact: Steven L. Hemming
Phone: (801) 299-3470

West Bountiful Dialysis

724 West 500 South #300
Bountiful, Utah 84087
Contact: Melanie C. Harper
Phone: (801) 296-9091

DUCHESNE

Uintah Basin Dialysis Center

384 North 100 West (74-6)
Roosevelt, Utah 84066
Contact: Edwin C. Bulloch
Phone: (435) 722-5056

IRON

Iron Mission Dialysis Center

1277 North Northfield Road
Cedar City, Utah 84720-9314
Contact: Steven L. Hemming
Phone: (435) 867-8175

SALT LAKE

Central Valley Dialysis Center

880 East 3900 South
Salt Lake City, Utah 84107
Contact: Larry D. Carlson
Phone: (801) 408-2950

Federal Heights Dialysis

41 South 900 East
Salt Lake City, Utah 84102
Contact: Larry D. Carlson
Phone: (801) 328-9054

Midvalley Dialysis Center

5578 South 1900 West
Taylorsville, Utah 84118
Contact: Sherri Eiting
Phone: (801) 963-5056

Oquirrh Artificial Kidney Center

2496 West 4700 South
Taylorsville, Utah 84118
Contact: Robert T. Santelli
Phone: (801) 417-9900

South Valley Dialysis Center

8750 South Sandy Parkway
Sandy, Utah 84070
Contact: Mardee W. Hagen
Phone: (801) 233-8745

University of Utah Chronic Pediatric

Dialysis

50 North Medical Drive

Salt Lake City, Utah 84123

Contact: Rick Fullmer

Phone: (801) 581-3212

Utah Dialysis

633 East South Temple

Salt Lake City, Utah 84102

Contact: Larry D. Carlson

Phone: (801) 408-1400

TOOELE

Kolff Dialysis Center

85 North Medical Drive, East Rm 201

Salt Lake City, Utah 84112-5350

Contact: Mardee W. Hagen

Phone: (801) 581-7659

End Stage Renal Disease Centers Continued

Tooele Valley Dialysis Center

211 South 100 East

Tooele, Utah 84074

Contact: Larry D. Carlson

Phone: (435) 408-1430

UINTAH

Dialysis of Utah, Inc.

787 West Highway 40

Vernal, Utah 84078

Contact: Jan L. Roberts

Phone: (435) 789-5977

Mountain View Dialysis

209 North 300 West

Vernal, Utah 84078

Contact: Edwin C. Bulloch

Phone: (435) 781-2335

UTAH

Provo Dialysis Center

1675 North Freedom Blvd.

Provo, Utah 84603

Contact: Mardee W. Hagen

Phone: (801) 373-0167

Utah Valley Dialysis Center

1134 North 500 West #104

Provo, Utah 84604

Contact: Brian Smith

Phone: (801) 818-2500

WASHINGTON

Dixie Dialysis Center

720 South River Road, Suite D-1100

St. George, Utah 84790

Contact: Steven L. Hemming

Phone: (435) 656-0857

WEBER

Bonneville Dialysis

5575 South 500 East

Ogden, Utah 84405

Contact: Steven L. Hemming

Phone: (801) 479-0351

Diabetes Industry and Medical Supply Services

Industry and Medical Supply Organizations	Customer Service Numbers and Web Site	Types of services/materials available
Abbott Laboratories/ MediSense	1-800-323-9100 www.abbott.com	Monitors- ExacTech, Precision & Sor-Tact; syringes; strips; software programs; nutritional supplements
Animas Corp	1-877-767-7373 1-877-YES-PUMP (937-7867) - Pump orders www.animascorp.com	Pump; accessories; glucose sensor; computer & PDA-based management systems
AstraZeneca	1-800-237-8898 www.astrazeneca-us.com	Cardiovascular oral medications
Aventis Pharmaceuticals	1-800-981-2491 www.aventispharma-us.com	Insulin- Lantus; Oral tablets- Amaryl; DiaBeta; vaccines
Bayer Diagnostics	1-800-248-2637 www.bayerdiagnostics.com	Monitors- Glucometer DEX, Esprit & Elite; lancing device; lancet; software management program
Becton-Dickinson	1-888-367-9539 www.bectondickinson.com	Insulin, syringes; pens; swabs; lancets; sharps container; glucose tablets; patient education materials
Bernard Food Industries, Inc.	1-800-323-3663 www.bernardfoods.com	Sweet N Low brand baking mixes; SansSucre mousse/cheesecake mix; SansSucre cinnamon sugar subst.; Longhorn Grill seasonings; Hola! drink mixes
Bristol-Meyers Squibb	1-800-332-2056 www.bms.com	Glucophage; Glucovance; Pravachol
Brooklyn Premium Corp	1-718-585-4200 www.brooklynpremium.com	Sweet N Low; Natra Taste; Sugar in the Raw; Butter Buds; Sweet One; Nu-Salt; Sweet Magic
Complete Diabetic Systems - A Medicare Assignment Provider	1-800-985-6406 www.diabeticsystems.com	All diabetes supplies
Cygnus, Inc.	1-650-369-4300 www.cygn.com	GlucoWatch
Deltec, Inc	1-800-826-9703 www.DeltecCozmo.com	Cozmo insulin pump
Disetronics medical Systems	1-800-280-7801 www.disetronic-usa.com	Insulin pumps; infusion sets; injection pen

Diabetes Industry and Medical Supply Services

Eli Lilly	1-800-545-5979 www.lilly.com	Insulin- Humulin& Humalog, Humulin insulin pen; Actos; Prozac; education materials
Equidyne Systems	1-877-474-6539 www.injex.com	Injex- insulin needle free injector system
FlexSite Diagnostics, Inc.	1-877-212-8378 www.flexsite.com	At-home test kit for hemoglobin A1c and microalbumin
GlaxoSmithKline	1-888-825-5249 www.gsk.com	Avandia
Granger Medical Clinic Pharmacy	1-801-965-3639 3725 W. 4100 S. West Valley City, UT84120	Retail sales of all diabetes supplies and medications
Home Diagnostics, Inc.	1-800-342-7226 www.hdidabetes.com	Monitors- Prestige IQ & LX; strips; lancing device; lancets
Express-Med, Inc.	1-800-370-1560 www.express-med.com	Meters; lancets; control solutions; insulin pump and supplies; strips; lancing devices; insulin and syringes
Diabetes Specialty Center	1-801-483-1100 735 E. 3300 S. Salt Lake City, UT 84106	Retail sales of all diabetes supplies and medications
J.Q. Medical	1-801-942-8582 2338 E. Fort Union Blvd. Salt Lake City, UT 84121	Retail sales of all diabetes supplies
Lifescan/Johnson & Johnson	1-800-524-SCAN (7226) www.lifescan.com	Monitors- One Touch Ultra, InDuo, SureStep, Profile, Basic & FastTake; strips; software; lancets; lancing devices; control solutions; education materials
Medtronic MiniMed	1-800-MINIMED (646-4633) www.minimed.com	Pumps; continuous blood glucose monitoring system
MERCK	1-800-737-2088 www.merck.com	Zocor
Metrikus	1-760-804-8800 www.iMetrikus.com	Web-based management system for patients and professionals
Mosby Company	1-800-545-2522 (books/other media) 1-800-654-2452 (periodicals) www.mosby.com	Health Science publications from a leading publisher of books, journals and serial publications

Diabetes Industry and Medical Supply Services

Novo Nordisk	1-800-727-6500 www.novonordisk-us.com	Insulin- Novolin, insulin delivery devices- InDuo, Innovo, NovoPen, NovoFine, InnoLet; blood glucose monitoring system; Prandin tablets; education materials
Ortho-McNeil Pharmaceutical	1-800-682-6532 www.ortho-mcneil.com	Acetaminophen; Regranex (wound care)
Pfizer	1-800-223-0432 www.pfizer.com	Glucotrol (glipizide); Viagra; Zoloft; Lipitor; health care information
Pharmacia Coporation	1-800-323-4204 www.pharmacia.com	Zolatan
Reach For Hope	www.diabetes-software.com	Computer & PDA-based management tracking software system
Roche Diagnostics	1-800-428-5076 www.accuchek.com	Monitors- Accu-Chek Systems (<i>meter, lancet, strips</i>) Advantage, Active, Compact, Complete, Simplicity & Voicemate; Computer & PDA-based management software system, lancet device
Roche Pharmaceuticals	1-800-845-7355 www.rocheusa.com	Xenical
Ross Products (<i>Division of Abbott</i>)	1-800-986-8510 www.ross.com	Glucerna shakes; snack bars
Stevens Skin Softener, Inc.	1-801-262-4973 1-800-678-7546 www.stevenscream.com	Skin softener cream; antibacterial soap; analgesic cream
Sween Corporation	1-770-281-8400 www.sween.com	Wound and skin care products
Takeda Pharmaceuticals North America, Inc	1-877-TAKEDA7 (825-3327) www.takedapharm.com	Actos (<i>co-promoted w/ Eli Lilly</i>); Basen
TheraSense, Inc	1-888-298-4584 www.therasense.com	Diabetes management system, PDA-based blood glucose monitoring system; blood glucose monitoring system- FreeStyle, FreeStyle Tracker, FreeStyle CoPilot
Timm Medical Systems	1-800-438-8592 www.timmmedical.com	Erectile dysfunction medical devices

Professional & Educational Resources

	Page number
American Diabetes Association	86
Association of Diabetes Educators of Utah	86
Health Educator Association of Utah	87
Juvenile Diabetes Foundation	87
Utah Diabetes Control Program	88
Utah Dietetic Association	89
Utah Nurses Association	89

American Diabetes Association (ADA)

1245 East Brickyard Rd #30

Salt Lake City, Utah 84106

Phone: (801) 363-3024 or (800) 888-1734 **Fax:** (801) 363-3031

General Diabetes Information: (800) Diabetes (342-2383)

www.diabetes.org

The American Diabetes Association (ADA), Serving Utah, offers an annual Diabetes Update conference in October on basic and advanced topics in diabetes care, treatment and education. This two-day conference provides information and networking opportunities to diabetes educators, practitioners, and students. They also offer shorter professional education opportunities throughout the year targeted to specific groups of professionals.

The ADA has a speakers list of diabetes professionals willing to present various topics to other professionals or community groups. Reference materials, professional articles and educational materials are also available (some at cost) from their office. *The Journal, Diabetes Forecast*, and newsletter, is available by becoming a member of the ADA.

The American Diabetes Association, Utah Affiliate, has several committees (for example, an Educators committee, Professional Education committee, Dietitians committee, Government Relations committee) where networking opportunities are available with other diabetes professionals and assist in the ADA's efforts to improve and expand diabetes care and prevention. *See also page 70.*

Association of Diabetes Educators of Utah (ADEU)

The mission of ADEU is dedicated to advancing the role of the diabetes educator and improving the quality of diabetes education and care of individuals. The purpose is to: 1) provide educational opportunities for the professional growth and development of diabetes educators; 2) promote and aid the growth and development of quality diabetes education for the person with diabetes; and 3) foster communication and cooperation among individuals and organizations involved in diabetes education, locally and statewide. Members include nurses, dietitians, physicians, pharmacists, social workers, physical therapists, exercise physiologists and other members of the diabetes teaching team. Professional education opportunities are available in the form of state and national annual meetings and educational programs; their publications, *The Diabetes Educator*, *ADE News* and text, *Diabetes Education: A Core Curriculum for Health Professionals*; and their certification program to become a Certified Diabetes Educator (CDE). For more information or to find a Diabetes Educator near you, call 1-800-TEAMUP4 (832-6874) or visit www.aade.net.

ADEU, formed in 1995, is an affiliate chapter of the American Association of Diabetes Educators. Local educational offerings are available on an ongoing basis. Contact David Winmill, MS, APRN, CDE at (801) 965-3445 for additional information.

Health Educator Association of Utah

PO Box 2337
Salt Lake City, Utah 84110
Phone: (800) 576-6817
www.heau.org

The mission of HEAU is to improve the health of Utahns by promoting the advancement of the health education profession and the employment of health educators in the public and private sector. HEAU exists to provide professional development to all individuals involved with the practice of health education and to assist students and other individuals preparing to become health educators. HEAU accomplishes this mission by holding conferences, workshops and seminars devoted to health education, sponsoring scientific research activities in the field of health education, and developing, conducting and administering such activities with maximum possible cooperation with other health professionals, professional organizations, universities and health agencies.

Juvenile Diabetes Research Foundation

350 South 400 East, Suite G16
Salt Lake City, Utah 84111
Phone: (801) 530-0660 **Fax:** (801) 530-0670
www.jdrf.org

The Juvenile Diabetes Research Foundation (JDRF) is a not-for-profit, voluntary health agency with chapters and affiliates throughout the world. JDRF's main objective is to support and fund research to find a cure for diabetes and its complications. JDRF gives more money directly to diabetes research than any other private health agency in the world. The organization awards research grants for laboratory and clinical investigations and sponsors a variety of career development and research training programs for new and established investigators.
(See also page 72).

Utah Diabetes Control Program (UDCP)

Utah Department of Health, Bureau of Health Promotion

PO Box 142107

Salt Lake City, Utah 84114-2107

Phone: (801) 538-6141 **Fax:** (801) 538-9495

www.health.utah.gov/diabetes

History and Mission

The Utah Diabetes Control Program (UDCP) based at the Utah Department of Health has been funded by the Centers for Disease Control and Prevention (CDC) since 1980. It works to inform Utahns about the seriousness of diabetes and offer residents access to high quality diabetes education programs, improved insurance coverage and better community medical care. Its mission is to work in partnerships to improve the quality of life of all Utahns at risk for, or affected by diabetes.

UDCP Activities

Collect, analyze and distribute regional and statewide Utah diabetes data.

Certify that diabetes self-management education programs meet national standards.

Partner with primary care providers and their staff to improve diabetes care.

Partner with health insurance plans to evaluate diabetes care and develop and implement statewide interventions resulting in improvements in diabetes care.

Conduct diabetes public awareness campaigns in partnership with broadcast and print media.

Coordinate diabetes continuing education programs for primary care providers, diabetes educators and general health care professionals.

Develop, distribute and promote Utah Diabetes Practice Recommendations.

Collaborate with other diabetes agencies and stakeholders to develop a common vision for improving diabetes care and control in Utah.

Provide funding to community agencies to develop diabetes coalitions who implement local activities for improving diabetes care and control.

Contact the program for further information or if you are interested in partnering with the UDCP.

Utah Dietetic Association

PO Box 58168

Salt Lake City, UT 84158-0168

Phone: (801) 363-1359

Job Line - Contact Michelle Howell (801) 766-1844 Or HowellTM@juno.com

www.eatrightutah.org

ADA members represent a wide range of practice areas and special interests, including: consumer information; public health; sports nutrition; medical nutrition therapy; diet counseling for weight control, cholesterol reduction, diabetes, renal and other health concerns; vegetarianism, food service management in business, hospitals, restaurants, long-term care facilities, and education systems; education of other health care professionals; and research. There are special interest or dietetic practice groups that members can choose to join.

To promote sound nutrition information for the public, the Association sponsors publications, national events, and media and marketing programs. ADA has a national media program with 26 registered dietitian spokespeople. The Association establishes and enforces standards of quality for academic training and professional practice in clinical nutrition (medical nutrition therapy), food service systems management and community dietetics. It also provides a full range of services for members. ADA lobbies for federal legislation that will contribute to the national well-being of the public through its Government Affairs Office. For more information visit the national website at www.eatright.org.

Utah Nurses Association (UNA)

3761 South 700 East Suite 201

Salt Lake City, Utah 84106

Phone: (800) 236-1617 or (801) 293-8351 **Fax:** (801) 293-8458

E-mail: una@xmission.com

www.utahnurses.org

The mission of the Utah Nurses Association (UNA) is to advocate and voice for nurses, individually and collectively, in promoting and facilitating the role and functions of nurses in providing high quality nursing care in all aspects of professional practice. all aspects of professional practice thereby facilitating quality of care. This mission shall be unrestricted by consideration of age, color, creed, disability, gender, health status, lifestyle, nationality, race, religion, or sexual orientation.

The goals of UNA are: 1) professional development of nurses and high standards of nursing practice; 2) improvement and availability of health care and services for all individuals in Utah; and 3) economic and general welfare of nurses.



PO Box 142107 Salt Lake City, Utah 84114-2107

Telephone (801) 538-6141; www.health.utah.gov/diabetes

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